

GRIGORY GRABOVOY
Lectures for primary level lecturers
Phrase Control

In today's lecture
according to my system of Salvation and harmonious development
I show control through phrases

and this management will be expressed in eight methods
in today's lecture the control will be shown

Means without proper consideration based on examples

and for example for management analysis
you can use, for example, the examples that I gave
from the book "Management Practice Path of Salvation" from the
three-volume set

you can use others

or does it mean considering specific issues in practice?

i.e. in this management in principle
through words

It is advisable to consider examples after that

how did you do this control

and then look at the examples

there will be such a principle in today's lecture

the first method of control by words

consists in the fact that

that you formulate a control goal

i.e. in fact, you just mentally write everything down

you can write down the control goal on paper

and thus exercise control

that you start on the vertical plane

so, accordingly, as if on a sine wave, arrange the letters

Well For example there so let's take the first phrase from the control phrase
"I want" let's say
then the first letter "ya" remains on the horizontal
this is control along the vertical plane

second letter
i.e. starting sequentially with each next letter
i.e. every even letter
it forms a kind of sinusoid

i.e. for example the letter "x" will be on top
then the letter "o" remains in its place again
and the letter "ch" at the bottom will be well how do you build a sine
wave

this way you organize a sine wave from a phrase
and at the same time, this is precisely the principle of
Macroregulation
principle of Macroregulation
in this case it will be expressed in that
what is in the first and last letter of the phrase
exactly in the first and last letters of the phrase
you invest means security
preventing a possible global catastrophe
as a subsection of the Teachings of Grigori Grabovoi

i.e. in this case you are investing management
not like well as if some abstract area
which still needs to be organized in general
from the point of view of Macrosecurity

and you mean that this is a substructure of the Teachings section
and it is in this management that you put the management
preventing a possible global catastrophe

i.e. you saturate it with meaning , precisely in this formulation

the first and last letter of the phrase
then well as I explained, you are actually constructing a sinusoid

the logical principle of this control is that
what are you doing enter into some kind of synchronization
with elements of conventional optical information dissemination
and at the same time you organize
Well a kind of wave, so to speak, from the phrase of the manager

the next step is to highlight first
i.e. by an effort of will to highlight the letters first
Well giving them, for example, a silvery-white hue
the letters you moved

i.e. it means this, so to speak
upper and lower level of sine wave
i.e. the upper point and the lower point of the sinusoid

starting to highlight
Well as if conditionally sinusoids
i.e. formally, you can draw a dashed line like this
and see a sine wave there

then after you have highlighted them by phrase
however, it is possible if there is no possibility
write down a phrase for example
or watch it several times

you can highlight only those letters
which are visible in the first impulse of Perception
and one or two letters may appear
and the control element will be reached

's why this management
it does not consist of the obligatory highlighting of all the letters

but it is possible to make control only
correctly highlighting one or two letters

but nevertheless if you want to do management then
in that problem, so to speak, which is saturated
then it follows from the beginning of this sentence
where the goal is actually formulated
means move first
from left to right as if in a sinusoid
by all letters
and then vice versa from right to left

and thus you have a fairly illuminated
the truth is at a greater distance from you
a fairly illuminated control row appears
precisely composed of letters

so it is necessary to remember here
what do you do in this method management
along the vertical plane

i.e. if we take for example the xoy axis
then it is located exactly vertically
as if on a piece of paper
i.e. you do not move along a horizontal plane
so this is the first method of control

the second method of control is through
so let's say phrases words
but in fact letters
basically it consists of the following
that you are doing essentially the same thing

i.e. you invest section so to speak structure
or the area of the Teaching

corresponding
preventing a possible global catastrophe
in the first and last letter

at the same time, as I explained
you mean exactly that this is the area of the Teaching
and it has technological advancement

i.e. a person does not collect the elements of such Macrosalvation
himself
and at the same time may have instability
but he can use the technology of the Teaching
i.e. he can take some methods
while moving towards this level of management

and at the same time carry out parallel control
i.e. this technology is limited
into systems known to man

i.e. the human support system
in the organization of this area
is basically the same method by the way
which we use

that's why he creates
access is fast enough or something to information

when the phrase is formatted in this way
i.e. first you get to highlight it from this point of view
two letters
first and last phrases

and then you build essentially the same sine wave
but already on a horizontal plane

the first letter is from left to right
when you move along the formation
it should come from you

i.e. to be more distant from you
and the next one after passing

Well as if **the axis** for example **the same ox** but already happens

let's assume **in the plane** well there **xoz** let's assume

precisely in the horizontal plane

and the next letter is already closer to you

i.e. a sinusoid is obtained

in a virtually horizontal plane

Well the controls are the same

you highlight the letters first

who came forward

Well It's especially easy to work on a sheet of paper

but in principle, work if possible

in two iterations

first build a sentence, any even

you can build a long phrase

but at the same time knowing the fundamental meaning of
management

grab some individual letters and immediately make control

i.e. no, well without going into details

without writing out the whole phrase

and in general it's not even necessary well let's say

how to see all the letters in the picture

because the principle
in any management principle
there is one like this
This is the fundamental Law of Management in general

there is a principle of primary optical element

and if you can do the management
there literally with one letter
then it's better to do it

it means because in this case
management may already be implemented
and you won't have to go through the whole stage later

i.e. in the control system in general for the future
you have to keep this in mind and you knew it
what if control is achieved by the beginning of an action
then the control can already be considered perfect

and once you reach control
and differentiate
that you have already done it
you don't have to complete this procedure

i.e. it is not necessary to imagine it rigidly or something to yourself
the whole phrase, etc.
because in principle if we are talking about several phrases
i.e. the goal is written out in several phrases
then you have to do it
in relation to each phrase, for example, a paragraph
but it is of course desirable not to describe the management goal too
much

the best is the most ^{effective} access
if the management objective is stated in one sentence

a discrete target that is ^{seemingly} autonomous
not connected to the next phrase

or do break down the management goal into sub-goals
and accordingly do the management ^{as if} from the beginning
one phrase after the next, etc.

although of course you can make control ^{there} by paragraph, ^{for example}
but then you will have an extension
because you will be forced at points
where is the dot
beginning of next sentence
you will be forced ^{to well} make a kind of stop ^{or something}
in the propagation of optical control pulse

and at the same time elongation occurs
maybe it is not important of course
but it is better to avoid this for optimization purposes

The next method of control is that
that you ^{kind of} curl the phrase into a ring

there is no longer a coordinate system here
pay attention
this management is being built at least ^{well as if} the previous ones
in the space of Thinking
but there was a coordinate system

i.e. you were forced into that management system
in the first two methods

create a coordinate system
which is basically another one of the control elements

in the third method there is no such system
i.e. you are only in the space of Perception
actually in the space of Thinking
so you write out the phrase

in this case, it is best to write out
starting right away like a donut
to roll up a phrase into a ring

i.e. you start writing out immediately around the ring
and this means the shape of the letter arrangement
it is built as if Here Well a ring or something circumference
such a unique donut

that there is not necessarily a certain arrangement of letters
or they can be perpendicular to each other
or be consistent
it doesn't matter anymore

you need to create well actually means a circle
to highlight as if a circle in reality
in the control space
which has the following property

what does this circle have
Well inner as if radius
an external sphere, so to speak
which surrounds, well, a kind of hoop, you need to get

and therefore in this case the letters

Well maximum thickness or something circles
this is the maximum thickness
located well as if perpendicular
in relation to the plane of your chest
letters

i.e. what letter if it is placed like this
it forms the maximum thickness of this circle

and so you start to build a sentence
as if you were writing around the circle at once
then highlight it as much as possible
Means forming well as if some kind of uniqueness
such a figure as a hoop

and what is the management
what again
in the first and last phrases
point as if

if you write, for example, in this case, the phrase
and put a period
then the principle
here is the prevention of a possible global catastrophe
and here is added more
the principle of Eternal harmonious development
according to the structure of my Teaching

as the volume of information of my Teaching
then you need to do this management in this way
what is in the first letter and the last symbol
i.e. to the point
exactly if you put a period in a sentence
if you don't put it
then in the last letter

i.e. keep in mind that in this management it is very important
that exists in the collective Consciousness in the form
as if there were spelling rules for writing letters, etc.

and so if you do management and write simply

Well as if Take a sheet of paper for example

and I'm just on a piece of paper

I take it and write letters vertically there

then in the collective Consciousness it is accepted that it is necessary
to write on a sheet of paper

if you start in spatial Thinking

make letters perpendicular

i.e. volumetric

the control then begins to lengthen

because we still need to synchronize

then impulse

with the impulse of collective Consciousness

and then you get slow access

although in some cases such access

could be more targeted

because then you create

multidimensional level of own system

i.e. in this case the principle of control is that
why am i talking specifically not about a flat circle
and about the toroidal figure

like a hoop

because as soon as you go out

for the space of collective Consciousness

you put the management control

behind a seemingly linear system

and therefore fast control can be achieved
the first principle, as if closing this
Well somehow close it
not necessarily on a piece of paper
not necessarily in a vertical plane
just somehow closing this phrase

and in such a way that it turned out
so it's a toroidal figure or something

then this figure
Well to saturate with light so much, i.e. with the light of Consciousness
to get a figure
already close to the sphere

i.e. the internal level of this, say, hoop
it would be practically no different in terms of glow
from the glow of the circle itself

then you need to raise it Well make management
in relation to the physical body
raise this sphere above your head
somewhere around 5 centimeters
and fix it

i.e. management consists of
what do you do next, like physical actions
in relation to the body

at the level of physics
just an ordinary three-dimensional geometric space
where is your physical body
and raise this control
put him above you
just like that

and you continue to highlight somewhere around 5 centimeters
it turns out there will be a sphere above you
and you continue for some time
keep this glow above you

when the optics are aligned pay attention
that this is firstly the principle of simultaneous self-regeneration

i.e. external control light
which you bring out on yourself
it goes to you at the same time
This is a system that also has self-healing properties
when the phrase acts on the control target

i.e. there are two principles here
first
you can basically just do the management
in the space of Thinking

when you do this only in this method keep in mind
you are simultaneously doing self-regeneration on yourself from that
that you made a positive decision
for management purposes

and in principle even here it works
self-regeneration
recovery
from the fact that you move this sphere of glow
and put it above yourself

because any matter you produce
This includes self-regeneration in this system
so in principle this is the closest element
as well as

as an element of self-healing can be absolute

Well there to relieve one's own fatigue

let's assume that the goal is formulated in this way

bring out on oneself

Well and basically any other goal

The next method of control is that

what do you write down in the Thinking space

write out the control phrase

i.e. the purpose of your management

just write it out and put it in

it is precisely the area of my Teaching about Salvation and

harmonious development

in the scope of preventing a possible global catastrophe

but on an even larger scale

this is the provision of Eternal and harmonious development

you put it into the whole phrase at once

i.e. there in this case

this will be the whole phrase informed

Well as if by this controlling meaning

then you start to push the outer

in relation to this phrase space

which exists in your Perception

how to expand it up and down

and it turns out well something like a rhombus

i.e. in the center is a phrase, for example, "I can"

Well, well how to draw a place for a phrase and it turns out

I'll show it now

i.e. if the phrase

She is listed somewhere here in the center
then you get something like a rhombus

i.e. you start expanding the space up and down
what is this space

because space
it's enough to just find the border
this sequence

once you are in the space of Thinking
you wrote out a phrase and this phrase was displayed there
with the light of my Teaching about Salvation and harmonious
development
precisely in the section on preventing a possible global catastrophe
like the first line first screen

and the second more powerful thick line
this is Eternal harmonious development

you immediately got the environment section section
the first optical medium
most optically clearly revealed

other
more well as if in dark grayish more in close
if from a dark background closer to the phrase shades
a clear dividing line appears

you understand the main thing in this system
find the dividing line
and be able, in principle, to be as broad as possible
expand the space

from the point of view of giving characteristics to the phrase of light phrases to a larger volume of section space

and just the more you enter
we need to start working from the top
as if above the letters
and not start under the letters

because you get that this is the middle phrase
this is the first line of the dividing space

and further, pay attention
if you continue to enter into management
then you can generally receive control information

i.e. letters related to that will begin to be organized
well as a kind of recommendation system
what needs to be done there
and it will be visible in the form of letters of phrases there in this situation

i.e. then you can build the following phrase
i.e. the following control

is built behind the first level
then the next phrase
again you expand the horizon up and down, etc.
and reach a stable point

stable point
it seems to have the appearance of a simply glowing sphere
and once you got to it
this means that the control in this cycle is finished

it means you have to go back if you need it
Well continue control there
create a phrase again
and again, as if entering inside the control system

be more careful in this management
because here, generally speaking, the principle of control is this
that you are actually creating a new structure of Reality
after the first control phrase

i.e. when you do, you spread information
then you are basically forced to
create in this system

and it turns out that this is the next level of Reality
that's when you go deeper
into the system inside as if further away from oneself
are you really
the effect is like Here I still have self-regeneration
what the deeper you went
the more glow they received on themselves
there the light becomes brighter

and the effect is self-healing
consists in the fact that
that you are like those optical lines that fall on you
you can direct to that place
Well as if at home
what do you need for example there to restore

those. please note
that here there is another effect besides that
i.e. you work on obvious optics
i.e. how they work in the filter system
in relation to the inner light
which one do you have

it's coming at you
from your own actions

if we suppose to think about this system
from the point of view of the technology of knowledge
you can see it here
the more you are the more you improve
in the system
the greater the light of peculiar knowledge
the greater the light of control as if
and it reflects on you

i.e. you can even see
how does this happen technologically

next control method
This is already the fifth method
Means is that you construct a phrase
also at the ring level
but it is best to build it vertically
i.e., as if you adhere to the vertical construction of the phrase
also in the form of a ring

in this case it is desirable
this is not a strict condition
but it is desirable that the letters are approximately aligned
along the vertical plane as if

it is best when you build in this method
don't imagine some sheet there
but just build a phrase
in some such well as if
so if you take it there and write a phrase in the sky there
conditionally somewhere near the cloud
there is no basis there

this is approximately the situation in the space of Thinking
It is advisable to build vertically
but in principle verticality is more important
the optics will be revealed
towards you
and not in relation to the fixation system
there i.e. no sheet there for example, no need to imagine
in this system

so the governing meaning here is as follows
what does the area of the Teaching mean
corresponding
preventing a possible global catastrophe
here is located in the first letter on the left

Well how does a sentence begin
and then you start like
tighten as clockwise as possible
give rotation speed to this ring

just twist it clockwise
Well this peculiar circle
conditionally circle from the phrase for example

if the control target is very short
and consists of one or a small number of words
then they need to be
make the space between letters larger
so that a circle is formed after all
where inside there is some kind of free space
so that the letters don't stick together

and a kind of ring is obtained

which you have to try
hold vertically and twist
impart high rotation speed

then it means Well as if by a principle of management
is also in this case
that when you twisted it like
the element of this control is that
what you should do at the moment of rotation
close the final letter of a phrase
with the first letter as if
so that they intersect at least at one point

then, if possible, gradually develop speed as much as possible
so that from the vertical level it means
this is a peculiar ring
it started to come out
and to a greater extent, as if to roll away from you
towards the external physical environment
in relation to the body

Well somewhere like at a distance of 50 centimeters for example
this ring came out in that place too
where it is more fixed, as it were
it just needs an effort of will
as if by external optical force
stop

and gain a level of spiritual perception

i.e. you must obtain a spiritual state
which corresponds to the purpose of implementation
you already understand the controls

here the wheel seems to run away into the future
where do you perform management
and receive the spiritual impulse of this state

in this case it turns out that the execution of control
is embedded in the meaning of this management

if in those cases i said what are you doing
and with a certain element you achieve, for example, management goals
in one or several iterations
then in this case you should kind of see internally
and put meaning into execution

as soon as the ring rolled there and stopped somewhere
you have performed management in the future
received a spiritual state
what kind of spiritual perception is this?
with this element of the implementation of this management goal

and then simply recorded the spiritual state
and this spiritual glow
this is management in this case

i.e. in this case you are in control spiritually
and the logical phase well with which you approached
She is also a manager
and it can be as I explained
managing
already in the first element right away
as soon as you even mentioned the word

as a rule, the elements then begin to act
even if you remembered them
and you don't even have to go into detail
just remembered the element

he did
and the controls were worked out

often and then with practice it starts to be so
and it turns out that this is precisely the spiritual level
which you understand
this element will also have control

in general, for each element it is possible to form
generally speaking, levels of spiritual states
which in general are often very similar

because achieving a goal is often
Well in general as if of the same type in Perception
spiritual state

and in optical terms it often looks like
but there are as many nuances as there are goals to be achieved
in relation to a specific method

and therefore in this case
If possible, develop this system
namely spiritual management

although in principle it is possible to work only on logic
i.e. if time is not so much, for example
it is not necessary to bring it to the level of Perception on the spiritual
plane
states of the Spirit

how to perceive at the level of the state of the Spirit
state of the Spirit
this is what you feel in this case
when mentally well or do you perceive it in management?
what is recorded

this is a unique control wheel
this is the state of the Spirit

in the future it will be enough to remember
and you will manage
already in relation to any goal

and then, in general, here in this case
there won't be much differentiation
or you are acting in a logical pattern
or you are simply highlighting the spiritual line
and control due to the spiritual state

The next method of control is that
that you are actually doing just the same thing
but turn it the other way around, to the left, counterclockwise

the only difference here is that
what are you moving control
thus you create
that twisted to the left let's say
this is a wheel made up of a phrase
it moves right and left
parallel to your body
but not from you

exactly parallel to your body
at the same time, the wheel itself can move
and around the body
just around the body

and a kind of peculiar belt appears around you
which generally speaking at the moment of control
it's being created well as a kind of no-access zone
there are negative processes there, so to speak external

at the time of control

this is the stabilization control

is often necessary

when you do for example Well there can be many at the same time
or large volumes of some work
do it at the same time

and then carry out this management quite effectively

from the point of view of even stabilization, as it were

Well or something of your control system

so that you don't overexert yourself, etc.

i.e. it is a kind of stabilization system

can be used in many ways

I'm also speaking for myself

for this you just need this wheel

roll around your physical body

Well as if on some kind of rails

but there is no need to imagine the rails

this is how the system works autonomously

and here it is necessary to remember

what if you imagine at least one stroke

against the background of this wheel

the management will become very inert

i.e. it seems to be running on some rails

but there is a different environment working there

there is a spiritual level environment there

and it seems to be walking in a different space

this is when we give action

we create another space

here is the transition from the logical phase of control

to the spiritual
this is action

so that we can simply understand
where is the logic of Perception
and where is the glow of the Spirit
we need to create a clear and understandable mechanism
where the Spirit begins

that's when the wheel that you logically identified
and they started to spin to the left
starts moving to the left
then this unique path for movement
already creates a spiritual structure

and then it turns out that you just
Well in fact, you are strengthening the spiritual sphere
here is everything through logical control

you can invest here
of course any sense
there is not necessarily self-healing or self-sustainability
and get such a control structure
due to the actual logical level
and very simple, just for the sake of it
movement of the phrase

at the information level there is such a principle
the more the optical phrase is spun
in the space of Perception
the more precise the governing meaning
revealed as if at the event phase

for example on logic

if a person spins hard on a wheel, as if here are the reviews
then it stabilizes the outer space by
what is at the level of the Spirit
rests on one of the points
external space

and thus does not provide an opportunity
there, for example, a wheel could come off
because the disruption effect still exists
as a potential opportunity

and here is the containment of this effect
it arises in this case like this
that he kind of reserves

every person who spins on some wheel
he reserves all the time and strengthens
Well does the system enhancement do something
and the principle here is the same
what when the promotion is going on
there is a transfer as if to another control system

in this case, promotion
translates into a spiritual control system
Well due to the fact that you are simply a logical physical phase
perceive at the optical level
and that's all

the next method is
that this is already the seventh method, which means it consists of the
following
that you also write out the phrase
and you do a very, well, let's say extremely simple thing
Well from the point of view of that
what about from the point of view of overcoming
preventing a possible global catastrophe

this volume
you enter in the first well somewhere around the middle of the
sentence
and in three points
and in the final letter of the phrase
there for example or there a paragraph means a paragraph

find the middle point however you want
even if it's the distance between words
pay attention here
that there could also be this volume there

then this phrase approximately vertically
It is best to clearly imagine a vertical line
and you start moving up and down very quickly
to get some light window

once you got a light window
due to the simple rapid movement of these phrases
or one phrase
you have achieved the management goal in this case

and here it is also important to pay attention to the fact that
that once you have reached
you don't need to do the next analysis there

once you got the highlighted part
you have achieved the management goal
further in principle in this method
no need to do anything else

because there are methods
which involve tracking
control there for the movement of management
and in this case, in principle, nothing needs to be done

and the next method
You can already examine it yourself
at your request
it's like a unification of all methods
them as if or what, a constructive, unique mutual arrangement
it's up to you

in principle, there are seven strict methods given here

and the rest
these are your combinations that you can do or not do
but only with these designs
which I have just mentioned

it will be like formally the eighth method
but you don't have to use it

because here in this case
Well in fact, strictly represented
in this lecture on management through words

in fact, it is control through letters to a greater extent
because your primary system of perception
in this case, first of all
should highlight the letter form

well, the word itself is exactly that
as if the form of the goal is actually a word or a phrase

then there are strictly seven methods
which I have outlined, that is are the main ones
here is the eighth method as I said
it's up to you

but you can build the eighth method well by a simple method
there for example use the first one there
and the second or first there and the fourth

and **but it is strictly these systems**
for example, to place in the space of Perception
there in general, either arbitrarily or in some plane

and at the same time work as if possible
either sequentially
better consistently

i.e. one is kind of in reserve
another one in the works
meaning the first one there or the second one, etc.

but it is not necessary
i.e. the eighth method in this case
This is for your own consideration

and it can actually be synthesized
this option can be omitted