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Structuring of Consciousness
**Construction of Physical Reality
by observation method
behind the external elements of Reality**
(5)
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Good afternoon
in this lecture
according to my system of Salvation and harmonious development

in terms of structuring Consciousness
to prevent a possible global catastrophe
I give the following principle of technology

this principle will be like this
the laws of knowledge first
and there is something in parallel
specific technologies for the implementation of the structure of Consciousness
in the adjective sense

then according to the Laws of Consciousness
and the Laws of the fundamental World
the postulates are as follows

when you consider
your Perception
as a distant region of Reality
i.e. you perceive your own Perception
as if from the side

then your Perception
works inside your physical body
at this moment

means the practical significance of this Law
consists in the fact that
what you can observe by observing the external elements of Reality
you can build physical Reality
for example, just because you observe
some elements of external Reality
but from the point of view of his own Perception

i.e. when you look at this diagram in detail
then you will see that this technology is not complicated
in terms of algorithm

so here the main task is to complicate it
consists in the fact that
to understand the concept of "complication"
was not reproduced by you yourself

i.e. if you are watching
to some external to an external system
and consider
is this the area of your Perception
or is it, for example, a certain area of the border plane
where there is also the area of Perception
and another Reality

then the main thing here is to determine
how do you define external Reality
which does not belong to the field of Perception
that's all

if you for example don't make it complicated
then this technology leads specifically to that
what do you mean you are fixing
in any area of the external element of Reality
your tasks

and this can be done in this technology
in an arbitrary area
if you know the Law of Control in advance

this means tasks such as body regeneration
or Macro Salvation tasks

then you get unconditional control
i.e. based on the simultaneous level of work
Consciousness of the Soul of the Spirit
and other systems of your information

so when I said that
that there are other systems of your information
look at what exists in terms of information
It's still individual for everyone
in addition to those listed, for example, yes, elements of knowledge

means about a person

and at the same time highlight
what is your individual
and what, for example, is generalized

when you will highlight this structure
then you will consider such an element
means the development of your Consciousness
that you will have an immediate understanding
why control technology
through the external element of Reality
which for example is called the element of Perception
is a Macrosalvation technology

so here when you look
the totality of these questions means
which I have just formulated in this lecture

you will see that generally speaking the question is being formed
from a certain stationary source means
which is precisely a union
such concepts as for example
Spirit
Soul
Consciousness
and other elements of personality

try this source
geometrically highlight
near your physical body

when you select it
you can see basically the entire cellular system
for example, your own body
in connection
with external elements of Reality

and in this way
what is the point of Macrosalvation
it exists very stably and stationary

so accordingly with this
This technology is based on the fact that
what are you this point
firstly find it this way

secondly, you are ^{convinced}
in its stationary existence

i.e. it exists for some time
and is not a dynamic point
i.e. it doesn't escape you

and at the same time
you can take a break from it
attention to it again, ^{for example}

it exists all the time
as well as elements of physical Reality

hence
Now I have introduced a concept of this kind
that the elements of the hidden Reality
informational Reality
exist in the same way
as elements of physical Reality
from the point of view of sustainable development
according to the Macrosalvation system

this is a characteristic sign of your knowledge
if you set a goal
so right now
^{for example}, implement this system
then here is the finding of such stable points
means exactly that you are moving correctly

i.e. you can ^{find} these points
well, not just in one area, ^{for example}
which I just mentioned

You can also highlight them yourself
some Laws of knowledge
and also build stable forms

this means that in the case of constructing independent forms
be more careful here
if possible
the forms that you build ^{mean}
well, you kind of check it on the elements of that Reality
Well then, the one you control

i.e., if possible, new forms

except those I mentioned
you adapt them to Reality

and here is the next element
in the system of self-development
according to my methodology

this is already the next part of the lecture
self-healing through the structure of one's own Consciousness
and general and universal harmonious management

what are the Laws of Adaptation
which exist in Consciousness
This includes the Laws that are distributed
for your future reproduction

i.e. the future can be considered
as an adapted form
your current development

and in accordance with this
the future can be studied in reverse

i.e. if you know that, for example, in the current Reality
you have a fairly systemic level of views
and quite characteristic
some specific elements of behavior

then having considered the future
as a system of adaptation means
or to your behavior
or to your systemic reactions
or the Law of Adaptation of General Relations
the future becomes very controllable

i.e. a change in point of view
i.e., in fact, a paradigm shift
solve the management issue
in this case

from myself, by the way

i.e. we are talking about the fact that
we are talking about restoring ourselves
including universal harmonious development
where naturally there is no concept

possible global catastrophe

and this concept of "naturalness"
in this case I entered because
what I am considering the future
as a system of adapted development

i.e. you are looking at your future
as an adapted system
adaptive system

and try to adapt
your own development
to this system as if from oneself
knowing that she will adapt to you too

i.e. it turns out
well, in fact, it's like a multi-vector movement
to a single center
where the center of this means development
is your thought
i.e. what you have laid down as a development task

and all this happens only in that case
if you well , for example, according to this technology
if you understand exactly first
that the future can be considered
as an adapted system

and in this case you can see for example this situation
let's say there is a table in front of me
in a thousand years
I can view the information
what will happen in the area of this table is this

if possible, do this procedure
simultaneously
Well, there is something in front of everyone
for example, a physical stationary thing
there is a pen, a table, a chair, let's say

and just look for example a thousand years ahead
and look from there
how the element of the future design is adapted
and what happens to the chair or the table

in this case
the future as an adapted system
is expressed in that
what do you see the development of this subject
from the point of view
Well, basically for the table
in many ways close to infinity future processes for example

if the table is in the environment
for example, where there is oxidation or moisture
if the table is in some kind of sealed environment
then a thousand years is not a thing for him
For example some very long-term level
it can last for perhaps tens of thousands of years

it is enough to change the position of external conditions
we immediately see that the adaptation system is changing
well to the stationary system of external Perception
which is fixed there, for example, in front of me
in the form of some rigid object, let's assume a table

and here are the points I was talking about
points of stationary development of the future
Sustainable Development Points for Macrosalvation

these points also exist everywhere
including in this table

as an independent work
just find these points
in every object of Reality

i.e. that is why Reality exists
that there are points of stability there
and points of systemic development

your task is simply to unpack them, open them and look
information how
is distributed between these points
and between, for example, points of external Reality
for example air vacuum or other planets

and then you can take a look
why do planets hold together
this is exactly how they are held in place
and why is it happening

for example, this is the rotation of the planets and not another

so as an independent task
consider these elements of Reality
here is the presentation that I am giving now

then in this case, pay primary attention
stability points
again I come back to the fact that they exist

in the first part
this is Macrosalvation through the system of structuring Consciousness
and the second part is the self-healing system

where I identified a stable system
at a seemingly non-functional level
Well i.e., for example, a table is a low-functional system

if we add a degree of freedom there
let's add some videos, let's say
it will be a more functional system
adding one parameter increases development
an infinite number of times
of this object

so from the point of view vision of a person, for example
as a multifunctional level, so to speak, Reality

it is clear that the element of Eternal life is already embedded in that
that it has many degrees
multiple intersecting
degrees of freedom

and here again as largely independent work
it's better to do this even sometimes somewhere in a group
well or share with someone
here is my opinion on this issue

consider
why human dynamics status
this is the manifestation of Eternity
Well, exactly in the context that I just mentioned

try to answer the questions that I have now
in fact, well, I sort of put it together
i.e. I increase them at the information level

try to accumulate them systematically
to some one place
specifically related to this lecture

and if possible

well, how do you select the area there in Perception
give some special volume to some kind of light
so that these questions of this lecture
were inside this volume

and in principle when compared, for example, with another lecture
look at the questions

well, for example, on a physical level it looks like diffusion
they start to intersect
with the volume also light let's assume another lecture
and questions cease to be questions

i.e. this is the technology for getting answers to questions
in such a fairly simple mechanical way

i.e. you put them in a bag, so to speak
they've been there for some time
and then you just get answers

here is the previous part of the lecture
why is she already overloaded with these questions
In principle, you can ask any questions
and put it specifically in the light area
just by creating it initially, for example
or by appointing there in some physical space
in front of you

and thus received

well, as a tool for getting current answers
True, this is a somewhat analytical tool
i.e. it takes time
so that these questions are there in a certain way
functioned
as if in this closed volume of light
the optical meaning of this phenomenon
consists in the fact that
what if we are at the output in the optical system
give some parameter
then with an infinite number of reflections
inside the system
all the same or all elements of the system
fall into this parameter

i.e. we get the answer we need in principle
because that's how we set up the management system

and now if we consider this element
as well as the third part of this lecture
related to the management of any event
it means from the structure of your Consciousness

then we will see that, generally speaking, this control exists
here is such a simple axiomatic feature
that we get even in optics solution
even on a physical level
solution to this problem

and if we talk about the functionality of Consciousness
which can organize
well, an infinite number of, for example, light subspaces
then naturally we end up solving the same problem
we can really solve it
in an infinite number of ways

and in this regard we understand
what is it really
that's why there is such a situation
what is the concept of simplicity of the World, i.e. external Reality
there is a concept of complexity

i.e. it all depends on that
how we create this Reality
because there are an infinite number of ways
includes the method of creation

if you manage the creation system
then it turns out that you can assign any answer
on one's own

and in connection with this
everything is under your control

i.e. here it is very peculiar
it's a subtle transition
so I didn't highlight it here
the structure of Spiritual development
because in this case it is clearly manifested
it is the structure of Spiritual development

from the verbal level
you receive a powerful development of the Spirit
and you get that everything is under control here

and here's how it's controlled in the Spirit
and not through words
try to do it now

here, for example, is in front of me
right here in front of the table
set up a sphere of so to speak universal control

let it be in front of you this information
and in front of me

general management for example of this type
what's in this area
you highlight
its own control structure

and generally determine what the difference is
this will take just a little time

the production part again
Before us is the sphere of universal control
everyone puts their own
but in one general area in front of me

i.e. let's assume the radius is a meter
they will somehow intersect anyway
try to cross them
with the spheres of other lecture participants

then , highlight the sphere of general management
how it differs from the sphere of your simple management
own

try to highlight

if the selection means here by conceptual features
it can be quite different
or for example it may be implemented later
try to highlight it anyway

i.e. find the exact technology anyway

allocation of the sphere of individual management

let it be some kind of structure
or some piece of this sphere
in general, try to highlight
very specifically for myself

right now

so when did you do it
look at the universal center of this control
and consider the presence of the Creator in this center
look how it is built from the Creator

management position
as an individual
and universal

you singled out and appointed one case
another thing is to look at how it is done
in the center of this sphere from the Creator

and now look at the technology
how the Creator transfers knowledge to you

i.e. look straight, well, as if inside yourself
this is already the direct work of the Soul
now the direct work of the Soul begins
it occurs at the level of Soul Perception

pay attention
that Soul Perception is a special characteristic
forming, among other things, some standard structures of Consciousness

and here I am already moving on
in principle, at such a high speech speed
try hard
although I speak quickly
move in parallel in terms of Thinking

so here we get
that these are the canonical structures of Consciousness
which exist in the Soul
they are definitely present
in all event elements
because events are controlled from the Soul

and all of them

and this is the sphere of universal control

and in connection with this
when we consider future events, for example
then we can see let's assume a past event
as a reflection of future events
for example, let's assume in the current time
or a reflection of future events
in your Perception

so in this regard try
This is the wording that I remember more accurately
that there can be different reflections for example
namely the information of the future

and try to find a connection
past for example
with the sphere of future management
via current coordinate
for example, through your body's system
or your reaction system

i.e. find these connections
and try
and do it now
in real time

and try to consider
in the field of general management
where the part corresponding to future information
and where is the part corresponding to, for example, information from the past

it's quite easy to do
by the way, at the level of just Perception
it's enough to just assume
that such and such part of the sphere is the past
and the future
or you see how it begins to organize
or you appoint him in this situation

and so in this part of the lecture I have led to this
that the future begins to grow, for example, in this part
where did you put the Macro or General Management sphere
right in front of you it starts to grow

in the form of certain shapes

Well, let's assume that in some systems of knowledge
these were different types of forms
another thing is that you have to highlight
own form
now own form of growth of the future

right in front of me
this is where you put the sphere of general control
and allocated an individual sphere

and when you look now
how the information of the future begins to grow
you look at your Perception
what does your own position look like again
in terms of this growth
how your information develops there

and at the same time try to highlight
your own image
and highlight it like this
so that it is completely autonomous
i.e. did not intersect
with some other elements of Reality
in this area

just like when you look in the mirror
you can only see yourself
here the same thing needs to be highlighted
this is the element
"personally myself"

then look now
when did you highlight it
look around more carefully

you singled yourself out personally
that's where the others are
in one place

i.e. this place is basically one
if you have highlighted yourself
right here in this center
in your Perception
where are the others then

so in this case you come to the conclusion that
that you determine the location of others
there, for example, it could be people
these could be objects
in general, as if all the elements of Reality

and try to develop this
do it synchronously now, for example, together with me
define
what is the difference
purpose of space suppose air yes
from to perceive a person

here is where there is a big difference
you can perceive a person at first impulse
while the air
it should be there, for example, like an external space
it should be mainly prescribed

and here on this subtlety
the difference here is actually tracking
elements of future development
what are we doing now
we are just monitoring the situation

we get that the controls
which can come from your Consciousness
and get to any point in space-time

they are built well
in principle, as if by a two-parameter feature
where one feature is, for example, an individual characteristic
the second sign is an external characteristic

and here as an independent work
you if possible now
then go and find connections now
which exist between the sign of yours as if it were your own
and any other sign

and look
as your own sign
generally speaking, it builds the entire external Reality

just watch now

at the level of your Consciousness
what thoughts and images arise in this case

any image is information
any thought is information in this case
which corresponds to this development

it will take a little time
and I'll just watch for now

as the next control
do this procedure
means having allocated areas for yourself
where the organization of the future is taking place
from your personal information

and this must be done in front of me all the time
i.e. specifically in the space in front of me
there, about two meters away

there is a free space here
you need to work on it specifically
here in physical space

then highlight the range of tasks of those who are present here
and highlight these tasks
as a multispectral region, for example, having different colors
but in general all colors

and lift this area a little higher
there in meters up to three meters in principle somewhere
Well, about one and a half meters from the floor
lift this area
and consider the tasks of all those present

who is here
who will, for example, watch the lecture, etc.
study such management technology

then make a solution to these problems
in terms of their optimal solution

this is when you make the optimal decision
try to work in sync
see what everyone is doing

i.e. try to observe when you do it
what if someone has already done some work
you just need to do the following

this is exactly how you need to be here
how do you act in a team
If possible, watch the work in progress

that means when you are already doing this work
Now look
as a sphere, let's say, which, for example, can characterize
future processes
it is also at some distance
approximately half a meter from the floor there, let's say

and this sphere is also already growing
also it grows
and has the same form of development
but now it's growing
not in the space, so to speak, mental
not in the space of Perception of the thinking type
but now it grows in the space of the Soul
Now I've introduced a new concept

The soul is an autonomous unit of Reality.
and here is the space of the Soul
where can there be development of the Soul, so to speak

there is a growth of images here
geometric images
it happens in that case
when you do exercises so to speak
or a collective management procedure
there according to everyone's tasks
including their own

then you get
the growth of this information object
actually it's a little lower
than the allocated light spectrum of tasks

and you see that the space of the Soul
this is how we will say what is the development of the Soul
where the Soul can develop
this is a space with special characteristics

and these characteristics are such
that every element of space is infinite
at the level of Spiritual Perception

i.e. if as a so-called receptor of Perception
bring out the Spirit
then the Spirit perceives
each element as an infinite system

at the same time
this space exists
for example in this place in front of you
independent of all elements of physical Reality
although it exists, well, visually here

and if possible, define this space
as a space of concepts or understanding of a system

understanding
i.e. you see on the Spiritual level and on the logical level
that you understand the system in this way

now mechanically
start to understand the situation
i.e. take and enter into this space
generally speaking any questions
and any elements of Reality
and then you should receive
on the Spiritual level
what do you understand what to do to solve the problem

or you can even just enter it
to get a solution to the issue

Thus
management of all events including future ones
and even including here in the past
so management consists of that
that you allocate space for the development of the Soul
and into this space
enter
or a task so that it already has a solution
then you understand that the decision has been made

or you enter what you need to have
what do you want there technology let's assume

or do you want ^{some} kind of methodology maybe
how to get the result

i.e. and then it turns out
what you can do here
generally speaking, work is quite arbitrary
the main thing is at the exit point
you must clearly formulate
what do you want

and from the point of view of the tasks of implementing Macrosalvation
this whole sphere of development, i.e. the space of development of the Soul
all this is based on one point
mandatory Macrosalvation

at the bottom there is just
one small dot

and when you start to delve into this point
for example, Consciousness
then you see that this little dot
already at the mental level
it also has infinite characteristics

i.e. the transition to the area of Thinking from the level of the Soul
has infinite characteristics

although if you go to the information of thought
then thoughts have finite characteristics of Perception

and if you look at the contours of this sphere
so let's say the development of the Soul
or I called the space of the Soul

then the contours are determined by that
that on border conditions, ^{as it were}
on the actual border of this sphere
it's just that the Spirit of man is born

and therefore you, if possible,
track these elements of Reality
to consider
how the Spirit is organized

The spirit can naturally organize itself
by training Consciousness there to achieve the goal

but at the level of Reality
how is it organized
this is one of the elements of the organization of the Spirit

and at the time of organization
it initially has neutral characteristics

you can inform him
in terms of solving your own problems

Thus
you can consider it at the level of Consciousness
area of the Spirit organization
inform him of your tasks
through Consciousness

and then you will get
what is your spiritual development
including will be feasible
through your own Consciousness
like this but enough means in a direct way so to speak

then you can do it in a targeted way
to form the structure of Spiritual development
and constructively Spiritual development
so, well, let's say so many
in terms of informative embodiment
that it is possible to form an infinite number
options for spiritual development

so generally speaking you have no restrictions

so everything there is previous development or future
this cannot be understated in any way
from the fact that you will be in this way
to form for yourself the following elements of Reality

in this case
you can simply technically accurately and unambiguously
form your own Spiritual structure
which will be able to carry out Macrosalvation
even if you sleep there, for example
i.e. if you don't do
active any controls

then this is the system of formation of the Spiritual Administration
In many cases it works, generally speaking
as the only remote control system

i.e. please note that there are controls
which in this case are implemented as the only ones
from the point of view of Macro Access

and direct access from your Consciousness

and if possible, determine for yourself
what do you see as a single access system
let's assume it can't be done otherwise

and what, for example, do you see as an opportunity?
for example, do it in some other way

and by comparing these technologies
look how public consciousness is developing

i.e. the principle of development of public Consciousness
just consider this
what does it mean is
system of unique, i.e. your personal access
and a generalized access system

then look at how public consciousness is developing
enter there the control characteristics according to Macrosave
and that means you will be engaged
in this direct access technology
the formation of public consciousness
due to this technique of its detection
or characteristics of its development
for example, on the Spiritual level

then entering the Macro Salvation level
you will get a completely real
technology for access to any events
only due to the Consciousness of the people around

at the same time when you will do such an exercise for example
in terms of management

First of all, you restore these people
secondly, here is the multispectral task
solve their problems

for example, well , those who haven't mastered it yet
yes, technology for regeneration, let's say
those. improve your health

and thirdly, you make the management like this
which teaches others

in this case, the control always remains
maximum quantity
in fact, as if of educational benefit
in this case it is implicit
due to a simple approach
you in every action
teach others
how to do it

and as an independent work
If possible, find each one yourself
technology
so that when you work
somewhere you leave information for others
how to do it

so that I can see how you do it
others could do it too
or even looked at the facts
which you do

and also these facts were so generalized
so that they have the technology to do it
would be quickly mastered

those who will perceive
either on a physical level
or on the Spiritual
or just let's say informative

let's assume at the sensory level

and when you consider
this technology in this way
you can pass on development
so generally speaking quickly
what does it mean that a peculiar process will take place
similar to the action means catalyst
if we consider it by analogy

some kind of process on the physical level

when other people will come into play

which do not require training

let's assume through some detailed verbal technology

they will already be trained only because

that they will either look at your facts

or because they will talk to you for example

and then it turns out that you generally have

This means that the technology has enough direct control

in this case

which allows, therefore, at the expense of the management itself, generally speaking
teach others

it is not necessary to teach, let's say, through words

and this is something that you definitely need to be able to do

in case you are engaged in access

to systems where fast access is needed

it's possible there are nuclear reactors there

where sometimes you have to teach almost instantly

for example staff

so that they make the right decision

or in aviation

i.e. in this exercise

consider

what are the elements of Consciousness

in interaction with each other

are the most mobile and the most flexible

i.e. where the transfer of information occurs most quickly

i.e. enter these points

Now I have introduced a new control parameter

come in and take a look

this means that you just need to perceive

i.e. there is no need to even analyze it here

here are the actions that happen, well let's say so

from the point of view of the logic of this process

i.e. it is enough to simply enter this process
and perceive
where does the fastest occur
dynamic information transmission system

then your task is simply on the Spiritual level
thus consider your development
so that your Spiritual system
developed through transmission
maximum amount of information
to everyone around
according to the Macrosalvation system

and at the same time the future design
should be so controlled
so that the entire future construction, for example , of Reality
and it may be the whole of Reality
was in the space of Soul development

that's how I said the space of the Soul
i.e. inside this space

then reproduction
any of your Spiritual impulses
is already a control system
in relation to this space
because it is inside

if you consider the impulse through Consciousness
as an impulse that forms the Spiritual basis

in this way you move on quite subtly to that
that your Consciousness is a control system

then you can see it here
that Consciousness is the control system
and for any element of Reality

so here it is open
Here the system of Consciousness of your own

This system is, by the way, quite transparent.
You just need to work with her for maybe two or three days
to consider
if there is time two or three days

if not then we need to consider it immediately

so to consider
how Consciousness works
in terms of access
to a system of universal governance

This is where I end the lecture.
there will be a break now, for example, 15 minutes
and then I will answer questions

so now the next part of the so to speak meeting
it will mean it is dedicated to that
that I will answer the questions that are here
and plus those questions that I still have from those lectures come here

plus i will add some items
which in terms of answering questions
will have practical significance
from the point of view of mastering the lecture part

so from the point of view of the question, for example
which I would like to highlight first of all now
There are the following types of questions

*means that when we look at the optical range
so space let's assume there is a universe there
we see the glow of the stars there
or radiation from some external objects*

*then it's all an optical reaction
Well, the reaction of Reality
and it is visible precisely by sight*

*so the question is
what if you can see it with your eyes, for example
some optical elements of Reality
then through the control, for example, clairvoyance
i.e. through so-called hidden vision or subtle vision
or simply through a vision from the Soul*

*so how can you influence this optics
so, well, to put it simply, how can you change it?
possibly optical range
the beam there to change the structure of objects
i.e. to cure from analogy from this analogy*

the analogy actually does exist
i.e. what is perceived by the eyes
these are normal optical phenomena
they are measured to exist
and are repeated quite systematically

what does this concept ^{mean}
as the so-called "objective Reality"

when the process is under consideration
through, ^{for example,} clairvoyance, i.e. inner vision
Spiritual or ^{there} consideration by the Soul

then you basically perceive it the same way
Optical Elements of Reality

and here you need to consider such a process
what is at eye level but not in the eyes themselves if possible
and a little further
i.e. two or three centimeters from the physical eyes
there are points of intersection of control systems
in front of the physical body

where focusing attention, ^{for example,} on something
you can control this optical system
first so that you can, ^{for example,} act on a radio wave
for example, you can do it like this
so ^{that for example} the radio wave would be non-functional there
with the radio turned on

then go further along this system
and enter the intracellular system
so it's like well it looks like that
that you are walking along a peculiar beam
further away from yourself

then a system of cells arises
in principle the same optical elements of Reality

and here it is inside the cage
i.e. where the nucleus of an atom is, ^{for example}
as if at the very level of the known physical Reality
at the most fundamental and original level
consider
a unified system of organization of matter

and then you will see
here, first of all, you can immediately see what the difference is
at that level of optical Reality
reproduced i.e. as the eye sees

and what is the difference, for example, in the Perception of the Spirit

there if I look at some object
for example on a microphone
then here in the optical range
it's actually just a little bit of shifting information
like a second frame
but for example there is one located to the left in the optics

if I move the microphone with my hand
then the system worked, well, in principle, the same optical connections
at the organizational level it means tissues

and then it turns out
that in principle here is a system of organization through Consciousness
this is the concept of these stable points
which were in these elements in this lecture

so this system consists of
what is Consciousness generally speaking
organizes the entire local Reality
at least
first thing at once

i.e. everything that happens around
it is also an element of Consciousness, for example , your cell

and this is what happens
Now I have explained this position
that in principle there is no significant difference
for Consciousness there is none

what is this optical Reality
that this is your clairvoyant Reality, for example
or Reality as Perceived by the Spirit

i.e. it turns out when the question is asked
so from the point of view of clairvoyance
how and generally speaking where and generally how is it feasible

then these Laws are actually clairvoyance
elements of clairvoyance
which I am talking about

Well, there are more laws, more access.
everyone can develop independently

and my system is still applied
it is precisely according to Macrosalvation first of all

so when you
let's assume through this question that I just mentioned
then you will consider what can really be controlled
by comparability of the features of external Reality

there is, for example, optical Reality
through it through this element
the coefficient of optical Reality, perhaps
or simply through such a comparison
go out
and begin to control other elements of Reality

then you can take a look
if you compare
let's assume there is a tree and a dog there
then generally speaking by analogy
perceiving only the tree
you can control a dog, for example, etc.

i.e. this is by the way an interesting experiment in Consciousness
if a dog suddenly appears there
it is enough to remember the tree
sharply there for example

i.e. this works
literally a mechanical sign of control

so, well, this is just a household example

so here we go in the development of this management
also what if you perceive information
Well, let's say there's a patient with some kind of disease.

then the principle of instant control
so as not to record the diagnosis
what you perceive

this is basically the main thing
in patient diagnostics

you are just doing comparative control
by concentration
on any nearby element of Reality
Well, this is a similar technology

so here is the work on comparative features
this is sometimes quite effective work

i.e. we can say within the table there
resolve all management issues
if it's not boring there, for example

this means and therefore here is the task of Perception
consists in the fact that
what does it mean you just find comparable signs
which exist generally speaking
in physical Reality

another question if you start thinking
and why does optical Reality exist
it's a different control system
it is through the system of knowledge

Well, you can use it too
then you will have, so to speak, two focuses or something
in one control pulse
but here it is better to give priority
the system means knowledge after all
than the comparative control system, for example

Be careful here
I gave this example on purpose

here is the key point of this example is that
that often needs to be given priority
in control systems
and in this case it is necessary to give priority
namely the system of knowledge

i.e. one can ask a question
and in general, how does this optical beam hang?
where is it located what are the criteria for its existence

and then you will have control through knowledge
elements of Reality

so, i.e. in this system
when you compare
at the level of a physical organ, such as the eye
it is necessary to include the cognitive system

if you work on Spiritual characteristics
comparing there Spiritually defined
i.e. the systems you initially defined

then you can control
by simply concentrating attention
easier and faster

i.e. try here
choose an access system
because if you work at the same time
you can sometimes slow down the control process

and here, in principle, it will be immediately visible to you
which speeds up control
which makes it more fundamental, for example

Means that's the question

Means and one more question

then if it exists

*so, let's say, this is a concept for Perception
as external Reality*

*then where is the border, for example, of this external Reality
from the point of view of Perception*

*and so let's say well there is an internal Reality of Perception
or let's assume some other Reality*

here is the concept of boundary conditions

how we objectify

this is what we highlight

for example in your Perception

the thing is that
to highlight
this is a special, so to speak, conceptual apparatus
that by introducing some concept
we still objectify it

i.e. the first mechanism is very simple
we are just introducing some concepts
and we objectify what we ourselves introduced

and then the work in the future is very simple
it consists of working with your own concepts
but this same work is universal
With your concepts you can do whatever you want
you entered them

so then it turns out that this work is from you, yes

second option
you have some external concepts
for example, there are some structures, well, external ones
which exist as if independently of that
what do you want, for example?
speed something up there
or slow something down
and these external structures supposedly exist

why is this happening yes in your Perception

for example, you are walking down the street and you see a house
and you walk around it
i.e. the wall seems to be moving near you
it turns out
in relation to your eyes for example

just be careful with the subtleties
well, like with those options that are
still subtle for perception

they seem to be ordinary
but ordinary systems of Perception
these are systems of sustainable development
In fact

recurring systems
these are systems of sustainable development

so this is what moves from the outside
forms, as it were, an inter-border element of Perception
and although you know in Consciousness
what are you moving

for the eyes well, after all, the house moves, for example , yes
train effect such high school option

for example, you take and set a task
understand at the same time
how your movement and home movement happens
not counting that you are moving, for example, yes

then you start to master
elements of teleportation then
this is a regular teleportation lever

i.e. this is the mechanism
This is a normal teleportation lever

i.e. there is enough of just that
determine access coordinates
where do you want

for example just look at my own practice
I used to diagnose airplanes
there are many kilometers to go
used these lever elements
just, just to shorten the distances
in order to get there, let's say, to these planes
so in this way I used
just moving elements of air
and I singled them out using clairvoyance
i.e. it's not like I saw them with my own eyes

and that means it turned out on two elements
precision access elements

the rarer the environment
the more precise the access
i.e. you are, well , less noticeable
there you catch the eye of others
in teleportation systems there are movements

i.e. there are such tracing systems
which generally don't tire anyone
and sometimes it's difficult to separate them
from conventional movement systems

so in connection with this
it would seem that there is a fairly powerful element there

or lifting loads there
if you are carrying something heavy there
there, in principle, it is possible to lighten or lift loads
just because you are just that
select two adjacent elements of Reality

so here it is as an independent work
here in this answer if possible
you will select the access system
by objective parameters

i.e. this answer that I just gave
Well, in many ways I made him like that.
that he is, well, basically, in many respects
doesn't fit
on the topic, for example, with a lecture there in the first part

find parametric relationships
those. how to connect a lecture after all
with this answer

if for example you listen to it on a dictaphone
or watch the video there
then this answer is expressed for example
in the form of some kind of cylindrical shape

you can connect it like this
that it's easy to enter mechanically
to the center of this cylinder
and understand the essence
how this essence fits together very precisely
with lecture material

but here's where this connection occurs
I need to find this

i.e. the task of this level of technology
consists in the fact that
to find systems that are understandable to you
in any seemingly different ones
or completely opposite in meaning
systems

that's what I introduced in the lectures
what do you understand
when you enter into space it means the development of the Soul

any concept

you just understand

but you can enter
opposite concepts
generally opposite
and still understand them simultaneously and equally

i.e. I gave this answer in a peculiar way
so that you have both at the same time and the same
understanding on a spiritual level
in principle, the most diverse
the most possibly opposite
by meaning by volume
elements of information

Thus
you form such a spiritual state
which generally solves any issues
no matter
Well, what kind of questions do you encounter?

and that's when an element of calm arises
i.e. an element of calm development in fact
means this calmness
this is a multi-control area

for example in ancient Greece
calm
this is the very power of the infinite level control system
for example there at any unit of time
Well it would be calculated approximately like this

so that's why if you compare
these are the parameters
with those that you have
you will see
that calmness is exactly that
the ability to exercise control
by an infinite level of external sources
i.e. external well as possible elements of control application

is next
how to work with the spinal cord
cerebrospinal fluid

with the brain
with the nervous system

well from the point of view of today's lecture
for example, working with the spinal cord
it can be done in the following way

then into the space of development of the Soul
it is enough to introduce one cell of the brain ^{there}
let's assume that it was created independently
and see how this option ^{means} cells
will begin to develop in this space

as soon as development ^{begins}
usually this happens, generally speaking, immediately
there are no slowdowns

if it happens slowly
then you will take the process with Consciousness
a little bit minus the past
and create an element of the previous development history
of this cell

then you will already get acceleration in time
to the element you need
when will it show up
the first form of development of this cell

further simply by an effort of Consciousness
transfer ^{this} developing form
just move it to the level
^{it means} where the Spirit is already developing
where there are already elements of developed Consciousness

and you will already receive the Norm of physical tissue

i.e. the concept of working with the spinal cord
this is to receive, ^{for example}, the Norm according to the Salvation system
this means that information must be stored in the brain
where is the event structure
allowed a person
really save yourself
there ^{for example} from Macrocatapstrophe
in general from any level of possible problems
such as, ^{well}, an excessively problematic level

and lay it down
element of development
this person

i.e. the concept of this work
includes all the attributes of Macrosalvation

and if you do it through the system
for example, which I proposed in today's lecture
then it looks exactly like this
that you are transferring the developing segment
at the level of the thought process, for example
where Consciousness is already developed

and even just a transfer
there is nothing else to do

it already gives a control element
All

pay attention here
there are many elements in the management
Well, it's not finished yet
i.e. it is enough to take something and move it somewhere
and nothing else needs to be done
those. no need to move anywhere else

this is the absence
as if the next element of development
some kind of mechanical cessation of further actions
consists in the fact that
what to do element
you need to know such a number of elements
according to the Laws of Cognition
which already triggers control

but in this case
they are done as if unconditionally
through means such peculiar
well mechanical movements
in optical systems

that's why i often align
concentration system for example
and the development system
according to the Laws of Consciousness

according to the Law of Fundamental Reality

because that's what matters to me
achieve Macrosalvation management
and how is it achieved?
or one-time concentration
or there knowledge of the organization of the universe
there in a matter of seconds for example yes
it's the same for management

but here I showed you
where these elements intersect

i.e. why did I say
just move it to the Thinking area
and that's all

because they are already working further
as if in reverse optical glow
you highlight the area

if from the point of view of optics this can be explained very simply
highlight the trajectory area
and the trajectory is shining on you
and in general it gives control
that's all

and the trajectory itself is a kind of set of laws

so it means when you control
Be sure to track it then
where did the management end?

and either you apply the next element yes
or you track the reaction of this element
to the control system there if it is in the future

there are criteria by the way
criteria for example in this lecture today methodology
there are tracking criteria
so, well, like the completion of the element

in this case the criteria
is that
elements of the Spirit
which are born on the surface

means the space of the Soul
space of development of the Soul
I often repeat this at the same time, look why

so these are the elements of the so-called Spirit being born
become more static for a while

i.e. so if you conduct an element
and all the time there is some movement going on
around

well, it's kind of peculiar, let's say it looks like steam, for example
some kind of silvery-white elements
near this contour, for example, a sphere

when did you make the element
there is a fixing element
then the element passed

or you control it until it is realized
or you enter a new element then

when the element has passed
you are looking to the future
see how it will be implemented in the future

You don't have to wait, you can see what's happening right away
and then act yes
next element add suppose

so the next part of the question
so if *you work with cerebrospinal fluid* For example

but work in this case
it's written here quite peculiarly
what if a person works with the spinal cord
with cerebrospinal fluid

the thing is that this is what I said
from the point of view of the Russian language
for example, working with the spinal cord
this is this technology

and the cerebrospinal fluid yes
although we can see it anatomically
the same segment there in the body

in this case
here we are still considering the element
where the concept of liquid is present
this is a macro volume

i.e. the spinal cord in information
it is a compressed system
liquid implies in information
presence of what relates to liquid
well for example the ocean yes

so it turns out that
cerebrospinal fluid management
due to this
you can understand it right away
why is the control different

if we formulate the question differently

so here you initially proceed from the fact that
what if there is a lot of liquid
then the control is external

i.e. it may not fit inside yes
on the basis of the large mass there
then it is clear that the control is external
and in accordance with this this management is such
mean just do such an element

you look at all the outer space
and all this outer space
well actually it should be like this
so that well inside the space
reflected that element of the nascent Spirit
which is located above the sphere
space of development of the Soul

you know, it's better for you to do this element
right now right in the current time

i.e. look as if from the surface of this sphere
look at all the outer space
through for example Spiritual vision

and look here
where the space of the Soul's development is reflected

in all external information space

Where

well, it's like you're looking at the clouds there, for example

and I'll have a look

the thing is that there is enough in this element

perceive , for example, an external element of space

somehow

and you will get this control

i.e. in this case

management consists of

that you just perceive

some element of external space

i.e. the control in this case is active

you must therefore manage

due to that

that you perceive an element of external space

as if from an infinite outer sphere

now, for example, the question goes further

with the brain and the nervous system

how to work further

but I will combine these two questions

two, as it were, substructural levels of this question

and I'll give a third control point, let's say

in relation to two elements

and in the future this can be done

as a systemic level of control

as desired

this level may be located in the heart area

i.e. management consists of

what do you mean the concept of the brain for example yes

and the concept of the nervous system

which have, well, different localization, let's say

different lengths

and in principle, let's say, of different shapes in geometric terms

you simply impose these elements

it means heart shape

and due to the fact that you observe the heart rhythm

harmonize these elements of Reality

i.e. in fact, in this case the control is as follows
that firstly the heart is restored firstly
secondly, it is restored at the same time
and the brain and nervous system

and all this can be done
in principle, for example, there is a sick person inside
as if on his information
you can do it there in general on the reference information
somewhere in the form of an information image

and this is the level of recovery
If possible, please extend to some other systems
it is actually a universal recovery system

i.e. if you well let's assume how much you can cover
there are up to ten images of something there

impose on some organ
which has
Well, that means a more geometrically revealed system
for example, on the little finger of the right hand
or on some internal organ

then it's better to use what is visible to the eyes
or a tangible part of the physical body, for example
there is a little finger, to put it simply

then you get the same type of recovery
by the fact that, for example, in your finger you simply observe
let's assume how the skin functions in this case yes
you can just physically look, not just with your eyes
and how to concentrate on this

i.e. this is the principle of restoration
it makes the organism's system highly reserve
Well, more static, perhaps?

and with this principle it is possible to organize
here are young cells
which replace, for example, or grow
in the place where there were cells, for example, with a greater age
or current age

This element allows
to create such a unique rigid structure
backup communication systems
due to the control of Consciousness
inside this structure a young cell grows

then the second question
how to work with skin

Well, in this case, according to the lecture part that I gave
again this element
associated with the development of the Soul space
concept of skin
can be considered
as an element on the inside of a sphere
or so to say the space of development of the Soul

i.e. just take it
and look with Consciousness or Perception
that means on the inner surface of this sphere
which is exactly what means skin
and stabilize it like this
so that there aren't any bulges there, for example
so that this system would be standardized

generally speaking
this is how you can restore
any element of Reality
there including technical systems

if for example a person
there are some, well there let's assume implants
there are metal pins in the teeth, I suppose
or some such things
which need to be restructured

then it is enough to tune in to this area
restructuring takes place through this element
Well, it can just be different in time

i.e. the implant is replaced
is simply replaced by a real organ

so in connection with this
this element is quite universal
in terms of management

precisely through internal structures
spheres of development of the Soul

so now it means *how to help with alcoholism* For example

Well, in this technology
help for alcoholism consists of the following
what do you mean by structuring, i.e. fixing two points
around the sphere of development of the Soul

one well in relation to you
this is for example on the left
and the other one is on the right

and these two points are like this
that optical as if exchange of information
between them so fast
it means that something is being organized inside the sphere
the sphere of the Norm, i.e. the absence of alcohol cravings
so, for example, there is a standardized consumption

and then you can get
in principle, the control is there but in the direction of the Norm
only because you will vary
these two outer points

two external points they have an informative meaning
lack of alcohol craving
i.e. absence of alcoholism
and that's all

and by the movement of these points
around this sphere there is mutual movement
but if possible, they should be opposite
to each other
through the center of a sphere, for example

but they are not inside the sphere
and outside this sphere
you get control
and get rid of alcohol addiction

further such question
that *my son George is 14 years old*
often helps his grandmother
relieving pain from inflammation sites

*The son says that he sees all the internal organs
appeals to the Mother of God and John of Kronstadt*

so the question is this

Well *How should parents act in such cases?*

but the thing is

what is actually needed generally speaking

it is natural to encourage

especially since the appeal there is to the Mother of God

there to John of Kronstadt

i.e. in general an appeal to the saints

which were made at the time

a certain level of management

for example, to some fundamental personalities in history

from fundamental churches even

this contributed to that

what is their level of management

simply is if

so let's say there will be such a desire on their part or a decision

their level is level

well, a peculiar level of assistance

and therefore it means that of course you can contact

so I think that I just teach that, for example

so that every person can see Reality

if possible so that it is possible

Well, first of all, solve the issues of current management

Secondly, it is imperative to prevent global macro-destruction

in this case

what might be useful there

so what element of development let's say Reality

it can be different type

there may be access to the micro level

there may be a vision of internal organs there

and in this regard here I think

we need to develop any access systems in general

that's my opinion

i.e. I think this should definitely be encouraged in children

and moreover if there is a vision
well let's assume the same organs
as a rule and generally speaking
this is a systemic level in the form of a Law even
particular difference what to see there
the structure of the metal or cells
or let's assume atomic compounds
interatomic level, etc.

so that's why the concept of vision
as a rule, it characterizes what you also have
and naturally, in principle, the level is normal or something
means unique in terms of Consciousness

normal level, well, such a level of Consciousness
what do you understand
that then you can see everything

*Means Next, how can I help my son?
in mastering school subjects
such as for example Russian language geometry*

well specifically in learning school subjects for example
there is a fairly simple technology, generally speaking
you just take and withdraw
information sphere
characterizing the given subject

i.e. you look at this glow
which stands above this book for example
and mechanically transfer to the level of Perception
for example, there are functional value transfers
of this item

i.e., let's say at the level of the forehead
in front of a person's forehead
a kind of information receiver

By the way, it is on the back side
so, well, somewhere at the level of the blades there is still a receiver
Well, generally speaking, there are such receivers
clearly expressed large
there are a lot of them in the body
there in the area of the physical body

you just look at some object there

let's assume on a book
look where to transfer this information
translate and that's it

Thus
sometimes it's true that you need to translate
so that the information is remembered
and it got to some point maybe
internal level of management of this person

this is the principle of education by the way
in my practice, he allowed , for example, pilots
literally in a matter of days
there to study English at a high level, etc.

i.e. this principle of education is quite convenient
because generally speaking in the end
education consists of
that they are still being formed
the same optical elements and
Well, from an optics point of view

so if you are kind of peculiar
already mechanically, so to speak
you will fix it

then he is a man, he will just know it
and it will be enough for him
well maybe somewhere something is formal
so that the social level is adequate
that he is reading something there
he should maybe read something

so that means it's spreading
for all levels of subject mastery
Generally speaking, this works in all cases
it doesn't have to be just school subjects

but for example if in this case
if we consider, let's say, the Russian language
then the technology of image formation
that's basically it
what is happening is the formation of an external image

for example, I take a book there and I look at the light image
which exists above the book

to pass on this knowledge there

then in Russian
this is more reminiscent of the image itself
it is built closer to the image
first hourglass

then he in a second
may be re-fragmented
it will turn out to be a sphere

after some time more
i.e. it is a constantly changing system of images

and here's how to fix them
it's quite simple mentally
well, how to conduct peculiar links
chain of mutual connections

and this peculiar chain, i.e. thread
take and enter
in the form of control
i.e. to teach ^{there}
or a specific paragraph of the Russian language
or to some specific volume

i.e. if a specific volume
you must ^{do} this with a specific volume
but still it turns out to be a peculiar chain
built on intermediate forms

so you kind of weave this shape

if we are talking about geometry
then the task here is actually very simple
here in this technology
it's enough to just highlight
point ^{means} maximum concentration of this knowledge
above the book or above the paragraph
which a person studies

and ^{that means} this point is simply conveyed
^{for example, there} in front of a person's forehead
Here control system for Perception
so that the point goes inside
somewhere, if possible, to the top of the heart

follow up
and it starts to ^{sort of} dissolve there
i.e. the heart begins to have this knowledge
because geometry is easier to learn
through the heart i.e. vision through the heart

a person if mainly looks through the heart
then geometry is easier to study
because the reverse side of the object is visible there

well, a kind of multi-parameter space

so there is such a question here
what's *on the information plane*
Georgy Dmitrievich spoke to me
and that means I gave that means on information that means a recipe
which in mechanical form means it manifests itself
well, in the form of some mechanical components

the question is what to do in this case

The thing is
that yes I give information ^{for example} in the form of recipes
but in this case
and in general, first of all, I recommend
consider the informative action of these systems

let's say I recommend there
include ^{soda} in the composition
this is how it says dining room

then we need to take a look
if you drink soda what happens in the body
just trace this effect
and do the same but at the expense of Consciousness

so if you have this ^{element}
well somehow it doesn't lead to a quick result ^{there}
and you need it fast, ^{for example}

then if possible
It's better to replace the mechanical component, like soda
better to replace with herbs
if you want

but what I give in telepathy is the main thing to study

why do i give such components

is how I prescribe herbs there
at one time I carried out the treatment
well, there are herbs there too
and my purpose was to
that I was just tracking
how the components work specifically
on a specific element

but herbs still act much more slowly
and it is easier and faster to make from the structure of Consciousness

so it means the same thing here
if possible, just keep track
if I give some elements in telepathy
if possible, still do them with Consciousness

First, look at what these elements do.
for example soda it causes a certain reaction there
at the cellular level

then make the same reaction with your Consciousness
and that's all

so if you, for example, think
that it still needs to be applied
there we assume some material substrates
then it's better to switch to herbs

because the components are of such a mechanical nature
in many ways it's just baking soda, let's say
Well, this is usually such an element
which I mainly give for that
to characterize the process itself
here is locally clearly marked

in this regard, any information
which comes in
let's assume in the form of some recipes
still needs to be translated
to the level of control through Consciousness

or if I give it often in telepathy
herbs generally speaking
then you need to translate the function of the grass

but if possible, do not use this herb

so, but already as if in this case
if you just want to touch if you have time
well then drink there offer this herb there
and see how it works
grass works slower anyway

although with herbs in principle
a certain range of diseases can be cured there
generally speaking from my experience
so herbs act positively on certain things

but firstly, when it comes to control
you act on your own anyway
you give acceleration to herbs anyway

and secondly, here arises
This is a rather important point
in terms of, generally speaking, complete control over the situation

my position is still that
to be sure to consider
what does some element external do
and do it yourself
either it's grass there or it's juice, etc.

i.e., if possible, everything that is called medicinal
you should be able to do it yourself

and therefore if we replace it with herbs, let's say, there
or some drugs
then Consciousness will not be so activated
as much as is needed for, so to speak, complete control

i.e. if possible, do it all yourself all the time

and I had one more question
related by the way with that means
How For example *concentration on numbers*
And For example *herbal medicine*
how are they Here *related by diagnostics*

because I have, generally speaking, and the appointment of herbs
according to the corresponding diagnoses

now as an independent work
right in front of me, right here, right in front of the table
build two spheres
and compare them
what is the difference between herbal medicine
and concentration on numbers
in general, technologically for Consciousness

The specific task right now is the following
for example, take the herb there is St. John's wort, which means immortelle herb
then let's take the third component, there's yarrow
from three components
just get the number

i.e. connect the information of these herbs
to get a specific number
in the same place
where is the information from the three herbs

got the number
now it means they entered for example
Well, here is the model level of the organism
in front of you is
let's assume there from the catalog

so they entered and looked
action of herbs
and the action of number
and look
what is the same and where is it the same

i.e. how to enter information about herbs
to get the same effect
or how to introduce a number into the body
to get an adequate effect

then it turns out
what are the numbers in this case
it could be faster for example

i.e. if possible, just practice more
with some comparative situations
to this situation
here is related to management
in this case it was possible to touch

and that means I just think
what if for example, well time allows, so to speak
if possible
It is even possible to develop methodological characteristics
what works in which case
and how
and what is the control system in general
may have an advantage

from your Consciousness the control system

so here is another one who wanted to consider the issue
means related to that
that according to certain conclusions
A lot of data is coming in now
well especially including through the internet there about that
that the training is like this, correspondence training, using books there
according to specific lecture materials
leads to comparative levels of management

i.e. well, the same characteristics are made
which were originally laid down
the same results are achieved
as for example in the future there during full-time education

and here is the difference, for example, in the analysis
I've seen so many letters like this
consists in the fact that
what exactly well just pay attention
full-time training, for example, on the statistics of these letters

there's a difference there
that the learning element is being considered
it is mainly somewhere that there is more Soul
more information is given at the level of the Soul
is it at the Spiritual level of training ?

and here is where you do the management
as a sign of the development of the Eternal
consider this as well
as a key element in knowledge transfer

but at the same time do this management
when you develop
that training through, for example, lectures or somehow in absentia
it is comparable there adequately

and no less, well, let's say, significantly in terms of action

i.e. it is not always possible to train everyone there in person
but try to introduce such a principle
This is how I explained the concept of public Consciousness
collective consciousness
introduce the principle that ^{here is} the principle of Spiritual training
learning ^{as if} from the Soul
was introduced into your Thinking
and in your words
and you could transmit comparable

i.e. for the purpose of Salvation
so that there is no difference how a person learns
is he studying full-time or part-time?
he might be short there
get acquainted with information somewhere

that for the purpose of Salvation
so that it could be implemented as a lifesaver

so I just brought it to you
well, a kind of analysis of face- to- face, so to speak, correspondence or
training methods

let's try together
we will do the management now
so that the transmission of information is adequate

i.e. the training should be exactly like this
What
either full-time
or in absentia
but so that it would allow salvation
Necessarily

i.e. you do it right now
the control is in front of me

i.e. how
not only training at all
just transfer of knowledge

i.e. now pass on the knowledge like this
so that by any means necessary
to those who need it

this knowledge reached us in any case
and so that they would still save
Well, first of all, there is a possible macro-catastrophe there, yes
secondly, they created a systemic harmonious development

in ideology it is Eternal life

i.e. do this management
do it again physically in front of me

do in front of me
means to concentrate Thinking in front of me
and do it in this area
in front of me in physical space

Now I am setting the task again
basically I understand now
this is already the end of today's meeting
anyway, bring the impulse to everything here
everyone should understand
that he brought this knowledge
up to a specific performer

so that you understand this information

and how to understand, I explained
just enter
into the space of formation of the development of the Soul
and from there you just kind of get information
what did you understand do you understand
and that's all
so that it can mature right now in the hall

so next question
what is the structure of a person
can control the form of volitional impulse

but the point is that the concept of "volitional impulse"
in this case I am considering
as just a control impulse for example
and the concept of "will"

Well, let's say this is how it can be described informatively
from the point of view of today's lecture
as special parameters
means holding this impulse
in a specific target direction

for some long period of time

i.e. will means active action
by holding momentum

and therefore if we talk about that
what is the structure of a person
can control for example

then from the point of view of human structure
control, generally speaking, the volitional impulse
you can just use the surface of the skin
informative

i.e. what I said is enough
as if this information
put it on your finger for example yes
and you get control

i.e. why, for example, touching the skin of a finger yes
it was seen as a system of mutual control

the thing is that here
if we have any element of such a plan
what we want to control
then we must set the task as follows
Well, first of all, in essence, this can be controlled
from any impulse
due to the fact that Consciousness
has an infinite number of degrees of freedom

if you want to have a static, some kind of systemic picture
then here you go please
just display this information on your finger, for example
this will be the control

and that means concentration on this finger
or there is the form of this impulse
means the one that is around the finger
this will be a kind of control

comes the second question
what can be done if sleep is not restored
what can be done if not
why is it written
does not restore sleep yes

but you know I think that here
if we consider such a phrase ^{yes}
that "sleep is not restored"

sleep is considered restored
if he restores ^{yes} in general
i.e. he should have normal sleep
it is considered that it is necessary to restore

and it turns out that the concept "does not restore sleep"
^{Well}, you can read it as well
"sleep is not restored"
from the point of view of the Norm

so here in the concept of sleep
there are such interconnected systems
if you see one plot of a dream
then the second one ^{is} like a plot
^{Well}, he is kind of present internally, ^{yes}
there is such a feeling during sleep

and here is where this second plot is
i.e. the second meaning of this Reality
at least the second, third, tenth, etc.

speaks about that
that you are at that level
where does Soul work

and when the work of the Soul occurs
you have a multi-meaning system of Perception

in this case
if you are on two levels of information
"does not restore sleep"
perceive it as "sleep not being restored"
then all that is needed is just
restore sleep information in general ^{yes}
and that's all

and then he will restore
as a consequence

so as this element
you just have to choose

it's the best for sleeping
here's one that's quite thin and flexible
and as if a movable structure

that you are outputting this element
and ^{that means} that's exactly how you deduce it
what do you think "restores"
replace with "is being restored"
and bring your sleep back to normal

at the same time I think you can just do it
also additionally general management
there it ^{means} a self-healing system

because here there ^{is no} concept of "sleep"
^{so} how much should he restore
is often relative
and there is a point precisely on this issue
still need to recover
and restore, in general, directly without connection with sleep

because the concept of "sleep" is still
element of internal transformation of space

i.e. if you look at the dream
as an information constant in the optical range
then in front of the human body basically begins
in the area, ^{well}, somewhere around the intestines, in the area of the stomach
the optical range begins to change

i.e. if you look at the concept of "diffraction", ^{for example, yes}
or there are "interferences" in physics
^{let's assume} superposition of waves, amplification, etc.
in the physics of ordinary light

then in the optics of sleep
these are the concepts they are like this
what 's going on there ^{actually}
as if an internal change of optical range

i.e. the light ^{is} kind of born again
in the place where it seems to be

and this is birth in the same place
creates space ^{between} them

and this is this space
between two elements of light
this is the information of the dream
as such

i.e. you can enter and count
what was the dream like for example
or what was the dream like for everyone
if you want

so for this you just need to know
entry point to this information
Well, that's how I explained it

then you can control your sleep too
there you can insert for example any plots you want
and implement them
and make sleep the control system

but for this you need to find, for example,
this very point
which I said about
and it is located here on the physical level
this means from the side somewhere in the intestines
in front of you

i.e. well, to put it simply, somewhere around in front of the stomach
she begins to organize herself
this information

the main thing here is to make this division
and then look through everything

here in the dream information
in fact, everything is organized very systematically there
be more careful here
and changing this information
Well, maybe, generally speaking, it's like an indirect system
give control

but at the same time you must not forget
that you are working with the system of your own Consciousness
in this case
where external relations are reflected
into a fairly specific form
that at this moment you are in a state of sleep

so, for example, you don't write there , for example, actively, etc.
i.e. you are not functionally awake

and this control system takes this into account

i.e. control in a non-sleep state
it turns out more active
because you perceive more degrees of freedom
you can write, think, well, speak
think differently there watch etc.

and in a state of sleep
it's just basically the same control
but parametrically it is simply more compressed
and therefore the control space
it's different

it is more systematic
as if more rigidly fixed
but nevertheless it can also be used
this space
and form control systems there for themselves

so here is the concept of "sleep restoration"
often leads to that
that we just need to restore this space
that's all

space parameters
immediately naturally known
as soon as you enter
and volitional concentration of recovery
you will get the restored sleep information

hence sleep
if there is such a representation
that sleep restores a person, for example
then you will get recovery

in this case, please note
what is this I still came up with this idea
which also depends on Perception
if the Perception is such
that "sleep restores a person"
then it is realized

if Perception is such for example
what restores a person
but for example regeneration through Consciousness
in a waking state
then it is implemented very slowly
this system

that's why, because in this case
change of structure of thinking
on that
restores for example not sleep
and work with the system of one's own Consciousness
leads to the fact that it is mainly activated
it is the system of one's own Consciousness

and then you can work a lot
with sleep information
but the effect will be, well, minimal in this case

i.e. that's why when you do management
look at your own position
this is what you think
or as another person thinks , for example
who are you treating or who are you helping

i.e. if possible , then look at this

if for example the control is going
through the general design
you don't have to do this often
it's easy enough to enter the controls
introduce adaptive adapted forms
when a person will come harmoniously in any case
to its next step of development
then there is no need to delve into Perception
but sometimes you still need it
when you work with human sleep
delve into it if possible
into the system of personality perception

then it will be easier for you to do the management
through sleep

The thing is
that there are no systems in the control system
through which it is impossible to control

that means according to the ideology of Macrosalvation

whatever it is, a dream for example
or wakefulness
or maybe you could call it something else ?
state of meditation there concentration

any state can be a control state

and therefore in management
there is no need to make any restrictions

means any state any Perception
it can be and it should be
and is actually the manager
according to the system of Macrosalvation
salvation of all

and then it's already a private task
i.e. if it is not a current situation
i.e. it does not require a quick solution
then you don't have to control it through sleep , for example

but if you are in a situation
when you need to act constantly for some time
then you need to introduce control functions
including in sleep

and work constantly
including sleep work

but at the same time you sleep normally
just control works through sleep
then it works out
that in this mode you can enter the same
self-regeneration system
and then, in general,

Firstly, the time for sleep is reduced there
I give a system of exercises to rescuers at the Ministry of Emergency
Situations
they are sleeping now
as I am often told
there are four hours there, five at most
there without days off , etc.

and when are the rescue operations?
they don't sleep for days
but nevertheless they can self-regenerate

then it's a dream in this case
this is not an indicator of a self-healing system, for example

if there are no special tasks
then well, you can sleep

but if there is a special task
sleep often doesn't work
this is how the system is, well, such a fast recovery
then it is better to act through Consciousness

although for now let's say in the collective Consciousness
there is a concept of "sleep"
then it means you need to sleep
and try to do it as if at a background level
will still be realized
how do ordinary people do it
there are those who we won't say don't use
the system there is complete regeneration

so here is the question
how much does it restore again
What I keep reducing it to is this again
what does it restore
that's why there is such a principle in the collective Consciousness

but if for example everyone can self-heal
and maybe then you can reduce the time of sleep there
then it can be done
if the background level is still like that
that not everyone can do yet
then we still have to
Well, after all, I always offer knowledge
still allow everyone to develop simultaneously

and therefore it means that there is such an opinion
that sleep restores
so it is necessary accordingly there against the general background
how to recover, including through sleep

so as we see here
everything is determined by the position of one's own Consciousness

and this is the level of the Soul that I have determined
in terms of the Soul space
or the space of development of the Soul
this level gives answers to all levels of knowledge
including questions and knowledge
which exist in the Soul itself

as an independent work
just look ^{then} questions
which exist in the Soul itself
exist in the same area and in the form of answers

this task is somewhat complicated
but according to the text of this lecture it is quite solvable
and quite quickly

when i give you three telepathic sessions
including today
^{so and therefore} try
somehow in the first especially session in telepathy
after listening to this lecture

thus form a space in your Soul
space of development of the Soul
where questions and answers would mean the same thing

and for the Spiritual Administration
it would just be management
and that's all

and therefore, if possible, here
do this task quickly
the rest can be done gradually

^{so} in this way I will do today's part, ^{let's say,} the lecture
and this one in the form of questions and answers
Well , to put it simply, I ^{sort of} finished the seminar part

and then after that
how will you go through three telepathy sessions
after today's particular lecture
look
what if you listen to this lecture
^{for example there} after some time
there may be quite a long time there

then sessions in telepathy they do not change
by the structure of information transfer

i.e. if possible, observe this effect

and ^{therefore}, under the system of knowledge transfer
be sure to check it out
when transferring knowledge to others
so that this effect is preserved

if you pass on knowledge to others
if possible so that your knowledge
were such that when addressing them
^{Well}, there are people who use it.
always had this level of treatment
that this level should always be working
regardless of time
let it pass ^{there for example} ten years
or some infinite level of time

when contacting
when accessing this level of knowledge
they must always be functional

although society develops, the world develops
but here is a special management task
is to create always functional knowledge
each next
It would be good if they were also functional
but all those who come are functional in the same way
i.e. here is the solution to this problem
just practice will be based on this lecture

listen again after some time
and achieve exactly this effect
that in telepathy it is practically the same thing

although you will be solving completely different issues
but technologically it will be the same

that's enough for today

thank you for listening carefully

Goodbye