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Structuring of Consciousness  
**Management methodology**  
**through the construction of elements of distant Reality**  
(4)  
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Good afternoon  
I'm starting the lecture now  
according to my system of Salvation and harmonious development

this lecture is on the section of structuring Consciousness  
in the direction of S salvation  
and preventing a possible global catastrophe  
oriented in this way  
that I give a method for solving this issue  
i.e. preventing a possible global catastrophe  
and the spread of the Salvation system  
through the construction of elements of distant Reality  
for your Consciousness

in this case in this method  
it is necessary to highlight the element of distant Reality  
what is for your Consciousness  
Distant Reality

and in accordance with the selected segment  
you approximate i.e. bring the element closer  
which you want to restructure  
to this Reality

and enter  
to the degree of infinite remoteness  
to the full meaning of the level of restructuring  
for example, an optical element  
if this optical element is a possible problem  
by the possible global catastrophe

this means that this technology is such that first of all  
it is necessary to select the remote element  
which for your Consciousness is precisely distant

and this element is called remote  
because firstly you appoint it  
i.e. you create such a Reality

which means it is characterized  
such characteristics as a remote element

and secondly, it is needed here  
technology of construction of this element

so, i.e. purpose plus technology  
at the optical level, for example  
or at the level of the Laws of Cognition

here at the optical level  
a distant element of Reality  
may be in relation to your physical body  
be anywhere  
but the first condition is that the first sign or the first optics  
this Reality is outside the physical body

and the second sign  
what is the management of it  
is carried out from within the physical body

i.e. the system turns out to be two-sign

when we talk about the system of knowledge  
when forming a remote element of Reality  
then we need to consider that  
how the element of Reality is formed  
with t glasses of vision means the creation of ordinary, for example , physical matter

but the creation of this matter at the level of information

i.e. which system is informative  
affects further management  
and what system builds real physical Reality

in this case, it is necessary to highlight in Perception  
area of one's own Consciousness  
which characterizes, for example, physical matter

and this  
if we consider  
the area of the remote element of Reality  
then this area which is a platform  
for this element

and then the next element  
this is necessary to consider the fundamental Law of the World

on the construction of physical Reality  
and how this Law is again reflected  
in informative Reality

so here it is Fundamental Laws of the World  
as well as knowledge  
for example if you are building well let's assume there mountainous terrain  
at the level of Consciousness  
then you see that the mountainous area  
is organized as a superstructure  
over the system of understanding  
which is based for example in vegetation  
let's assume there in the trees or in the grass  
which is located in the mountains

i.e. it is one of the elements of building the World  
by interconnected systems

however, when we consider  
let's assume treatment of some disease  
then we can treat only because  
what is a part of a healthy organ for example yes or one healthy cell

or you can restore the cell with Consciousness  
and treat according to this principle

in this technology  
consider it yourself

i.e. when you look  
construction of informative Reality  
from where all physical Reality is built , for example  
then consider interconnected systems  
which talk about that

that the construction of Reality  
it should happen this way  
to inform Reality  
i.e. that which is built on Consciousness and information  
would be reproduced correctly

let's assume for this you study how in general  
study it yourself  
how it is built, for example , at the information level  
physical Reality for example mountains

and look

how can having information just plants  
you can build a mountain

I just said briefly about this  
that it exists  
your task is to figure it out on your own at this level

to understand this means to tune in to this information  
and just study it  
what will appear in your Perception  
to lead into the realm of distant Reality  
and study already as if from there

that is , the method of study  
from the system of distant Reality is such  
what do you mean Laws of knowledge  
combine  
with the Laws of Optical Development of Information  
in your Perception

and this is actually an intermediate system  
is characterized by the fact that you simultaneously mean  
and study  
and control the optics at the same time  
leads to a state of inner peace

i.e. on the Spiritual level  
you capture the point of inner peace  
it means you are in such a harmonious integral area  
where does this happen  
What  
and informative Reality  
and physical Reality  
manifested for example in the information of Consciousness  
and let us assume an element of distant Reality  
they are synchronized in the tasks of Rescue  
and preventing a possible global catastrophe

i.e. when we talk about this method  
the main thing is to find  
harmonious component of this management

then you really control  
i.e. a possible global catastrophe does not occur

Means the thing is that the information is of origin  
and information about whether such a catastrophe will occur

this is naturally information of different levels

and that's when we talk about that  
" not happening " we mean  
what as there is no information about the origin  
and information that this might happen

you have to be more careful here  
when do you work  
with the prevention of a possible global catastrophe

all informative features  
if you express it in words  
must be neutralized  
and brought to the level of such management  
that this definitely does not happen by any of the signs  
for example, manifestations of this at the information level

i.e. you need to work with this level so carefully  
so as not to record, for example , some information  
that would remain after your work

in this regard, with this method  
there is a sign of restructuring and this information

i.e. when I just told about it  
that in management this is a task of harmonization  
then the task is restructuring  
this is a subtask  
organization of such an optical element  
which would give a disjointed glow

i.e. to restructure the information  
possible global catastrophe  
after you have worked through this area  
and somewhere else you can still see the glow  
for example, some information content of this feature

then you need something unique  
well, entering the point area  
which you see, for example , in the optics in front of you  
to separate this area  
i.e. make it less dense

to concentrate the area  
she was more disunited  
and we would have the same background level

what radiates for example table tree chair  
well, in general, any element of Reality  
which is not problematic

i.e. to obtain the background optical level  
after you have worked through this method

this is a necessary condition  
when working in such a stated problem  
when we do management  
through the harmonization of many systems  
including the designated system  
and really existing  
as a distant area of your Consciousness

in the next lecture topic  
this is restoration  
self-healing  
and restoration of others

according to this technology  
I am considering the principle of constructing Reality  
when Reality builds itself  
and so it builds you, for example  
and also any other person for example  
or another object of information  
and builds harmoniously

i.e. in this case it means as a continuation of this topic  
principle of self-healing  
in the structuring of Consciousness using this technology  
looks like this  
what do you find in Reality such segments of its growth  
so that when concentrating on them, for example , or when contemplating  
Here level of contemplation of a given element  
was a manager

and for this you just need to  
highlight the element of constructing Reality  
i.e. how Reality builds itself  
and enter into the sign of self-recreation of Reality  
in this point area

i.e. this task is logically very simple  
but technologically it looks like this  
that you need to work with speeds  
where the speed is close to infinite and higher

for Perception

and therefore  
you must build that element of Consciousness  
which compensates for these super-fast characteristics

i.e. it looks like this  
what are you specifically building in front of yourself  
a peculiar screen  
which can be a sphere  
which could be, for example, a physical tree

i.e. you build there physical tree for example  
in the space of information in front of you  
and look through some kind of peculiar screen  
which you built

then infinite speeds lie down  
on the fixed characteristic  
according to the purpose of your management  
and you have the same construction of Reality  
how did you build this tree

i.e. you come to that  
that the construction of Reality is still the same  
which one you built yourself anyway  
as a screen element  
which is located before the control area  
but is located closer, for example, to your physical body

therefore, this element is characterized by the fact that  
that building self-healing management  
or restoration of others  
at the level of growth of Reality  
it happens anyway  
by creating a certain canonical image  
for example a tree that grows

and then you can  
having considered , for example, a real physical tree  
see  
how  
information is transformed on the real tree  
from the point of view of information

and how then from wood  
which you built by means of, for example, imagination

you can restore yourself

i.e. you get a regeneration impulse  
anyway intermediate system

and here is this intermediate system  
it was built anyway should be you

and the only task here is that  
that its construction

for example, a tree is clear enough, the image of a tree is simple enough  
enter at the desired point  
which is located  
between the area means natural growth of Reality so to speak  
and between the point that could be, well, could be called  
what is this point or area  
built by you

so here is the principle of knowledge  
what is natural Reality  
this is a method of constant merging of information areas

as areas of natural Reality, so to speak  
well, a physical tree that exists in information

you mentally compress these areas

and also the tree that exists in front of you  
built by you

i.e. this method is actually  
constant compression  
and overlapping each other

when you do this several times, for example 5 times  
you will see what a natural tree grows on  
and what your built thing grows on, let's say so  
in the imagination a tree

and from here you can get the consequence  
how your body grows synchronously

here is information about the growth or development, so to speak, of your body  
located  
in the investigative department  
from multiple overlays  
one Reality to another

one built by you  
another one is the same but exists as if in external Reality

if we consider the sign of the collective Consciousness  
as a kind of matrix region  
in simple terms, let's take a grid, for example, a matrix grid  
we will impose on the two components of Reality there  
built in the imagination

and then we see  
what is the projective part on this grid  
these are the upper parts vertically  
in relation to the image  
how do you build on the basis of, for example, the Spiritual level

and in the lower part at the root  
as based on the physical level for example

i.e. it turns out that this is a kind of flat symmetry  
where the Spiritual level is located at the top  
and below, for example, the physical level

if we consider the existing land for example  
and the processes that occur

then the physically manifested area  
and for example the superstructure Spiritual Administration  
which is considered to be on top  
means it is located at certain levels of symmetry

i.e. here is an element of this symmetry  
is  
system of matter organization

when you go deeper into this information  
you will see  
what is this symmetry is  
system structure and methodology of organization of matter

this way you can simply  
take information on self-organization  
just concentrating on areas of symmetry  
well, let's say something like that

you are building elements of Reality  
I'm repeating myself again

which may play the role of a screen  
and the other element can be arbitrary by the way

therefore, according to the area of symmetry  
the area of symmetry can be different  
spiritual material geometric  
and from here  
tune in to this area  
you get self-regeneration

i.e. the source of your regeneration  
if you transfer this thought to another  
i.e. you connect, for example, with an optical segment in Perception  
then you are thus restoring another

you can get regeneration just because  
what are you concentrating on  
on the natural areas of Reality

and that's when we look  
on the principle of self-recreation of the Creator  
where is the question  
where does the Creator get energy from, for example?  
or took it there  
to build Reality

then in this context  
energy is actually action  
i.e. the conscious Action of the Creator  
in relation to some object of information

in this case  
conscious action  
interaction of two elements of Reality

those. relationship between  
conscious or objective, so to speak, characteristics  
their objective Reality  
and gives this peculiar system of construction

at the same time this system of construction  
it does not act quantitatively  
i.e. this does not mean that there is a flow from there  
for example, constantly in your cellular system there  
or any other person  
or an object of information

the thing is that here  
at the first level of access as on optics  
there arises an element of this nature  
what really happens is a kind of flow

but then you see  
what is the construction of your body  
comes from the principle of mutual self-regulation

i.e. you actually get a construction because  
what are you doing with such a controlling action  
their investigative levels of organization  
brought to a de facto equilibrium phase

i.e. this is basically the same level of self-regulation  
where is your Consciousness  
it's just regulated and regulates  
because you indicated  
such a trajectory of regulation

but it's all the same  
level of complete self-regulation

only on the optical or Spiritual level  
it is designated by those words and those phrases  
which I just told you about

by access technology  
to any element of Reality means from your Consciousness  
in this part of the lecture  
I am showing the technology of discretization, so to speak

areas of your Perception become discrete  
and they are made discrete like this  
so that the discrete region is not  
is a unique technology there  
you make a Spiritual-controlling impulse  
what is the area of your Perception  
it becomes , well, ambiguous , so to speak

i.e. it turns out that  
you need to highlight  
individual optical elements  
in the field of management

but at the same time you do it on a Spiritual basis  
but at the mental level, i.e. thinking

you don't get the separation of these levels  
in your area of control

i.e. it turns out that  
Spiritual and mental management is in progress

here you can do a kind of training  
which would lead you to that  
that you begin to feel the division of these phases  
where does Thinking go  
where is the Spiritual Administration

so it turned out to be enough for this  
just set a task  
to do management by dividing in fact  
means management level  
and control over the fact that this division occurred  
due to the logical phase

so as a result of this, that impulse that I spoke about  
the volitional impulse that forms this disunity  
this is will  
prolonged  
At the Will of the Creator  
you can see  
how the Will of the Creator is manifested in this element

this is an Axiom

means this axiom needs to be studied  
from the point of view of that  
what is the will of the creator what does it look like  
in this segment of your Perception

and when can you do it  
i.e. solve this problem logically  
and you can see  
why for example if a church is being built  
then it is declared in the hands of the Creator  
but it has a certain shape

it is declared for example for social meaning  
i.e. people understand that this is, for example, God 's manifestation  
this form  
and at the same time it has a specific geometric shape

i.e. as an independent work

do this work  
look where it was visible  
that the will of the Creator is such  
when constructing, for example, the shape of a church

or if these are other religions  
that means other forms besides, for example , Christian  
if it is a Muslim level there etc.

i.e. look  
how the manifestation of the Will of the Creator occurs

This is an important point because  
that the concept of the will of the Creator  
this is the condition for further movement  
Well at least the exact characteristics

you must definitely have contact with the Creator  
to achieve precision in control  
according to the Creator's tasks

right here  
control from any area of space there  
or from your Consciousness  
including management of the Creator's tasks  
says that you should  
to be in the position of the Creator

therefore and in connection with this  
and since the Creator gives technology  
completely direct control

and the principle of salvation in modern Reality  
is the completeness of precisely such knowledge  
which the Creator has

then naturally knowledge is not hidden  
your task is simply to master them as actively as possible

due to this  
in your Perception the path to the Creator

The study of Will is concluded in that  
what you have to technologically identify  
after all, it is a segment of Will  
with t points of view as Spiritual management  
and thought management

i.e. control of logic from your Perception

and when you look  
path at the level of Spiritual Management  
to you

i.e. as I said, you can do a training  
and find a fairly rigid boundary  
where is the thinking level  
in physical space, for example, in front of you  
and where is the Spiritual level

and here is the reverse wave  
which arises in relation to you  
on the Spiritual level  
this is the first sign of the will of the Creator

i.e. you can detect it on optics  
this sign is very specific

then you can unzip it, i.e. view it  
what is this Will  
in terms of your further actions  
and then act in sync

or it's your development for example yes  
then you see an infinite number of degrees of freedom  
and the sign of Will manifested  
as a combination of many degrees of freedom  
for example, for a specific purpose  
i.e. these are specific techniques

or clairvoyant  
or healing  
or control of any matter there  
including the prevention of possible macro-explosions or macro-catastrophes  
and plus detailing to prevention  
generally speaking, any catastrophic events

i.e. if you have time  
you may not do it for example  
only narrow specialization  
preventing a possible global catastrophe  
but also to prevent some completely minor ones  
and any accidents in general

then the details of the Will of the Creator in this case  
this is an infinite number of degrees of freedom  
which is manifested with this optics  
so, well, actually, it's like multiplied  
sometimes it's just folded  
with goals and your tasks

then you mechanically  
adding up volumes of information  
you get this control  
addition occurs sometimes Spiritual  
and not visible at the optical level

and in the logical part  
border  
which seems to float from the Spiritual phase  
which means it comes specifically from your Soul

this is that part of the logic  
which practically resonates with the Will of the Creator

i.e. at the optical level you can see  
such a design is completely realistic  
if that's what I said there for example several times  
listen  
you will do it  
observe in Perception  
behind this segment of information

it turns out  
on logic having an element of the Will of the Creator  
you have it for example in the previous part  
also on the Spiritual level

you can get  
control opposite to you  
means by building yourself

i.e. here is the identification of two levels of Will, for example  
on the logical and spiritual level  
it turns out to be your own physical tissue

and therefore when you for example build yourself  
then you can build at the same time  
and any element of Reality  
just for the sake of it  
the task of identifying the Will of the Creator

by two projections

because by the Will of the Creator you are still  
you yourself  
logically it is clear  
that the combination of two points of Will  
by target management  
it's you yourself

so at this level  
management means first and foremost  
control comes from the brain

i.e. if there is such a principle of combining Will  
which I described  
you see your brain tissue

how it is organized in real time

at the same time you see  
as an organization of matter  
and also the organization at the level, for example, the interplanetary universal  
at the level of there macrocosm microcosm

i.e. you see the manifested system  
from many points of view  
Well, it's a kind of peculiar bluish glow  
which comes from the area of the brain specifically

accordingly when you think  
there is such a feeling  
what do you think for example in the head area

that means and therefore the situation here is like this  
what I described to you is the first sign of control and adaptation  
to the Will of the Creator

and this sign actually appears in the head

but when you want to watch for example  
the second, third, tenth, etc.  
an infinite number of features can be developed  
but you need for example according to the C system of salvation  
highlight sometimes there is one sign there  
and already activate it as a manager

then the following signs

they are manifested, for example, in the liver  
as if in the creation of internal organs in the stomach, etc.

you can see  
for example, creating intestines and liver at the same time  
and at the same time see  
how does brain function depend on this  
yes at the moment

so in this regard you can explain to yourself  
why is the body built exactly this way

as an independent work  
then find the structure of the organism  
despite the anatomical atlas  
find the internal structure of the body yourself  
by these signs

so in this regard you just need to  
let's assume there's a notebook there  
or try to remember it somehow  
dictate into a dictaphone

but try to find it by these signs  
what is a person in Reality  
what does it look like at the level of matter, for example

and in the same way  
move on to building other elements of Reality

so here is the construction of other elements of Reality  
this is of fundamental importance here  
because management of any spectrum of events  
including events of distant Reality  
this is how management works  
that you must have control  
practically for that purpose, among other things  
so that this event is normalized by you

i.e. control of some event from a distance  
This includes management  
the entire system that is associated with this event

for example you need there let's say make some deal  
there are a number of situations in this deal  
let's assume there  
premises

People  
attributes of external time yes  
internal time, etc.

then you need it too  
with t glasses of view for example internal time  
do you have  
I mean in the circle of your task  
need to combine tasks with making a deal

then your task in the deal  
build the whole Reality  
there what tree grows near this place  
where you make some kind of commercial transaction, for example  
or you perform some action  
and what building is there  
and in general how is it built  
from the point of view of the fundamental Laws of the World

if we consider the structuring of the form  
which can be oriented  
in relation to, for example , another information object

then you can see  
that some forms  
have a completely independent level  
well, like a physical projection

i.e. some forms on earth  
they mean current  
they change depending on time  
may exist at the current time  
not because there is something there for example gravity  
or for example there is land

and because they exist from that  
that there is an external Reality

Here as a task  
identify such forms

as a rule, well, for example, several thousand years ago  
they were closer to pyramidal  
as if closer to the shape of a pyramid  
now they are closer to spherical areas  
or areas that do not have, for example, a specific shape

but for Perception you can, for example, bring to canonical  
i.e. to the visible form of the cone type, there is a sphere

and these are the forms  
they exist in this way  
that their consideration for example in the building  
their consideration there in some elements of your transaction , for example

it is such that you see the connections of this deal  
with all the future and the past

i.e. you see  
you see as soon as you set the task to find these forms  
existing as if by themselves  
but in fact it is the Will of the Creator

so you can see  
that when I speak about the Will of the Creator  
that the external Reality is manifested by Him For example  
stars of the galaxy for example  
in the optical range  
are projected  
and give a specific optical form yes

i.e. the Creator is still above

but why did I say about external Reality  
because then you find  
place of past and future  
i.e. you can see  
what to expect from this situation  
it is enough just to c - to emphasize  
here on these forms  
which exist independently  
as if from well formally from the attributes of external Reality

and that's when you do it  
then the dynamics of the Reality of the future  
begins to become mobile  
i.e. the future begins to change in your Perception  
depending on how you want to direct the transaction for example

and you can see  
how do these elements change  
for example in the outline of the building there in the tree  
which stands near the building

the same can be said  
and to the treatment of another person, for example, to self-treatment, etc.

i.e. find those  
if this is a person then  
those forms inside a person  
on the principle that here you are now  
for example, they looked at the internal structure of a person  
and studied  
for example a combination  
organs  
cells  
and systems  
and for the purpose of, for example, the development of Eternal development

further you can say  
what what specific cell  
can act in this way  
on Reality  
which means we have a completely clear picture  
by looking at just one cell

for example, the whole picture of the future there is the past  
and at the same time we can engage in target management

This feature needs to be studied in detail in management  
because the sign is such  
that then one cellular manifestation is sufficient  
even one molecule or atom there  
to gain full control  
from this control feature  
from this method

because here  
if you think about this situation more deeply  
for example, part of my lecture is like this  
that it is enough to listen to a lecture there  
and control occurs

i.e. just listen to the verbal part, for example  
and if, for example, we also set the task of complete comprehension  
then you will get, for example, super-fast control

for Salvation  
listening only  
should provide super fast control

i.e. the accumulation of information here is as follows  
what should you get  
very powerful control sometimes  
literally from the minimum of physical tissue for example  
physically manifested tissue

i.e. why, for example, is there so much vacuum around yes  
and a physically manifested system  
especially, for example, what is related to the concept  
biologically active life  
we have in relatively small quantities  
relative to the vacuum volume

because for example the action in this case is control  
it is always concentrated  
on the most minimal design  
physical media

and developing this legislative level  
which simply exists in life  
you are watching it  
from the usual, so to speak, formed by the collective Consciousness  
physical Reality

you can do the management  
practically only from one cellular level  
and at the same time the control can be absolutely complete

to technologically carry out such management  
i.e. I just gave you a fundamental basis  
what such management exists and why

take a closer look at this lecture  
I construct part of the lecture as a fundamental justification  
and part of the lecture is built as a technology  
as if derivation from fundamental problems and fundamental laws

Here are the applications of the fundamental laws  
may be different  
in this case I give the target such here is the application  
on the topic of this lecture on methodology

and therefore separate the fundamental part  
on one's own  
from the target management part

with t control glasses

maybe in the future it might be the same for you  
the same  
but I think it is necessary if possible  
find in the lecture section  
Fundamental Laws  
which will provide a unique technology in the future  
and it is this technology that is fundamental  
which allows you to build management  
already in practical terms  
Well for example, in an infinite number of ways

i.e. find that structure of the Spirit  
which controls in any case

as you know  
fundamental laws of distribution of information, for example  
or connection with the Creator  
or work according to the Laws of the Creator, etc.

so that's why in this part of the lecture  
I'm already switching now  
to control technology from, for example, the cellular level  
for example from one cell

for simplicity and minimization  
I'll take for example I'll enter the molecular system there  
and I will enter, for example, into the atomic nucleus

and here you are at the same time with me  
do these exercises for example  
enter the atomic nucleus itself  
and look around you

i.e. the element of Consciousness is there  
from the element of Consciousness you can get  
all the information  
what is around this element

since it is an element of Consciousness, it is any  
and he builds a real atom, etc.  
you can naturally look  
from within this atom

how can you get from there  
build yourself

the first element of such a construction

this is what you have first a very bright reflection  
your element of Consciousness  
from this sphere

well, which we'll call an atom, for example  
and this is a bright reflection  
it carries your image

i.e. you should consider  
this is your image  
you are there  
look  
and you see an image of yourself, for example

so when you look at the image  
for example as a person, i.e. oneself as a person  
you move on

if you look at the image let's say  
well, such as myself and a person  
i.e. here you still see a person

that's why it was created in the first place yes man is the Creator  
it was said that  
and because if you even look at it from the optics  
then it's quite clear here  
that it is still an image of a person  
arises  
it's like the Law of Control

no matter how many times you do it  
you should receive  
always the same effect in Perception  
as a training

of course for the C rescue system  
you can restructure this Perception

and it turns out that a person with the glasses of vision of Perception  
here he is always alone

i.e. this is the exact coordinate  
access to management  
to any cell  
and to any target control function

this way you can go

not only there for the construction of physical Reality  
but also the construction of its next event area

do it all in front of me now  
for example in the physical space in front of me  
enter this section of the atom for example  
to the center of the atom  
and start building

in this case there should be in front of you  
physical target level  
or some other Spiritual goal  
where self-regeneration occurs  
and plus there is also an element of self-construction  
from the perspective of future events

here is your own task  
building future events

I gave you the coordinates for building only you yourself

and your task in this training  
also do event building  
in front of you  
at the optical level  
and descend, for example, into physical Reality

this will need to be done now  
I'll watch

at the time of such training  
when you build yourself  
from the center of the nucleus, for example, from the center of an atom

in principle you can choose any cell there  
and enter, for example, into the atomic structure  
you can enter the organization  
how is an atom organized in general

then the glow will be even brighter

i.e. if you feel a lot of pressure  
for example coming from you from this level  
then try to compensate for that  
so that then you can enter into something that is not known  
in the form of , for example, atoms or molecules  
with t glasses of vision there optical system of observation of the World

and come in  
into the system of the true level of organization of matter  
from the glasses of your Consciousness

i.e. build it like this  
what you need is a true system of organizing matter  
from the glasses of your Consciousness

and then how should you build yourself

Means at the same time I gave you the level  
well, which one is closer to the usual version of physics, for example  
which is visible here  
through an optical control system, for example  
i.e. visible through normal optics  
there is glass for example or there is electronic optics  
or for example an electron microscope

but in this case we are talking about  
what do you have to do now?  
in the next part, let it actually be a continuation of the training

go out into Reality  
exactly this type

What  
There is  
the initial level of Reality in general  
in physical matter

entry level Reality in physical matter

then pressure  
which is possible from the level of collective Consciousness  
it weakens, for example, in your direction

i.e. the glow that comes from this level  
it already has a background level practically  
level of individuality

there is exactly such a principle here  
What  
level of individuality  
merges  
with a generalized level

generalized collective consciousness creates pressure <sup>yes</sup>  
i.e. a strict development trajectory

individual level  
has an infinite number of freedoms

and in connection with this  
Here many elements of treatment <sup>for example</sup>  
are built in this way  
if, <sup>for example</sup>, we take this unique technology  
as the concept of " karma "  
then there is a cause and effect relationship here  
which <sup>seems to</sup> concentrate the collective Reality  
and it ties into your own system

here is my understanding of it as I entered  
well, as if in opposition to the system of concepts  
which relate to the concept of " karma "

<sup>for example</sup> karma from salvation  
where control arises from a dynamic region  
and this control is carried out  
as a sign of personal freedom according to the system of salvation

then it turns out  
what is your personal individual  
is located above  
like, <sup>well, like</sup>, a cause-and-effect part in a linear sense  
and above the possible explosion of the reactor there, etc.

and you don't get stressed  
i.e. there is no tension and no pressure

this is the training  
compare two training characteristics  
and <sup>then</sup> do the management like this  
so that there is no sense of expense, <sup>for example</sup>  
some kind of energy, so to speak or fatigue  
i.e. the management should be done like this  
as if you didn't spend anything  
here is the goal of comparing two trainings

so try to develop it through training  
target application required  
here at the level of complete free will  
and that's exactly <sup>it</sup>  
coefficient of peculiar contact

where is the quotient  
has contact  
with the level of the Creator, i.e. with the socialized

you must develop specific knowledge  
how does this happen in general

i.e. at this point  
You can develop and find this knowledge

and then it will be clear  
why did the creator make everyone absolutely free  
by birth  
by target

principle of complete freedom  
this is the principle of infinite development  
and endless development  
this is an independent system  
i.e. complete individuality  
and in the infinite level  
you still have it  
infinite number of development elements

and that's why this area that I just showed you  
be more careful with her and study her  
in terms of known, let's say, fundamental truths  
existing in the world  
those that exist there in the Bible  
or you just observe or in textbooks

i.e. here is the paradigm of the World itself  
she should be like this in your mind  
and you should perceive it that way  
to have your own opinion about the paradigm of the World  
i.e. you must have your own opinion  
on all the processes that surround you

however, it is not necessary to do this constantly  
telling something there, for example  
or perceive constantly or change somehow  
from the point of view of some fundamental Laws  
it's not necessary

but the task of forming one's own opinion  
for all current processes of Reality

in this technology it is necessary

and in connection with this

I will end this lecture in this way

what is the task for independent work

is, taking into account what has been said in this lecture

find your own system means Perception

own information

own system of knowledge of the actual Reality

in terms of finding the Truth of the picture of the World

but at the same time, for example, those systems that exist

just look at them again

and find for yourself

how in general

All

connected in this world

we can consider known systems

you can look at the future unknowns there

or previously unknown

but at least

have the whole picture of the world in a systematic presentation

but from the point of view of your Perception

and therefore what was said

here in the first part of the lecture for example

to prevent a possible global catastrophe

then look at how you can reform

from this position

for example, make this task impossible

also here at the end of this lecture

This is one of the tasks for independent work

after this lecture

I will conduct four sessions in telepathy

i.e. this will be a continuation of the lecture from 10:00 to 1:00 p.m.

local time

and after I have completed these four sessions

it will just be a continuation

in a logical way, so to speak thinking mental

and in Spiritual telepathy

try to listen to this lecture again  
but already actually at an internal level  
for example, clairvoyance or clairaudience  
i.e. listen to the lecture in the current tense  
but again  
after four telepathic lectures

now you can take a break for , say, 15 minutes

Now I'm starting to answer questions  
questions as usual  
will mainly be of an applied nature

and therefore means accordingly  
when you listen to this lecture  
try to consider  
where the methodology presented in the lecture part is applied  
regarding the answer  
is next  
*will a practice system be created*  
*after* Means *five seminars*

*according to the restructuring system* well then  
Well, let's say so *possible global catastrophe*  
This is roughly how I characterize the question

I don't read the question exactly here  
to convey the meaning here is the manager

so, well, first of all, this is the practice  
that you definitely need to take the forms means special ones  
where on the left for example there is a target  
on the right are the methods used and then the results  
or is it directly by hand in any form  
you can create a form there  
what is on the left side is the control target  
then in the middle the applied methods  
there right result  
and you can start practicing after the first lecture  
there is no need to wait for a cycle of five

this lecture course  
he gives technology in different methods  
but in a targeted way it is unidirectional  
and therefore you can listen  
different number of lectures

just depending on practice  
control  
at the information level  
or on the physical  
you just need to bring reports to the office  
or forward it to a PO box

so next question  
*how to find criteria of your abilities*  
*means by event management*  
*from the control area of one's own Consciousness*

Well, the thing is that it is criterial  
the point is, in general, also in that additionally  
what we are talking about is not even about criteria as such  
and therefore it is both firstly and additionally criterional  
here is the situation  
what should you build on the control system  
then achieving control is a must  
according to the Macrosalvation system

and therefore the criterion is that  
that you act, firstly, without any criteria  
in relation to oneself  
i.e. you can't help but diagnose yourself  
but just perceive the situation  
that you achieve this goal

secondly, you can do it completely rigorously  
i.e. to allocate the control area  
set the task of target management  
and highlight that you achieve this

but when setting the criteria area  
use these two words here, so to speak  
"criteria" "non-criteria"  
so that regardless of the concept of such a word as "criterion"  
reach the control system anyway  
and it is necessary to achieve it , well  
well, including, for example, the area of managing one's own Consciousness

because after all I have an applied control system  
is aimed specifically at Macrosalvation

question three  
*can you diagnose yourself*  
*at the cellular level*

*the control area in the structure of one's own Consciousness*

well, the thing is  
that here diagnostics it is possible to reverse it  
i.e. from one's own Consciousness  
you are simply building such a cage  
which is the control area

i.e. you can assign such a cell  
and it turns out that you have basically diagnosed it

the thing is still here  
that I have a control system  
she is exactly like that after all  
that it is based  
on the creation of management as such  
on the creation of a substance for example  
on the creation of information in general

and so you can just here  
create such a cell  
this will be more accurate

and in principle adequate to that  
what if you did a massive diagnostic  
(and at the target level  
would have identified such a point  
which would be generalized)

next question  
*how to regulate the hormonal system*

from the point of view of the lecture I gave today  
the hormonal system is a system of universal connections  
where are the connections within the system  
are also conditioned  
quite often by conditional interactions  
i.e. not straight

concept of the hormonal system  
for example, it depends on the function of the immune system  
let's assume generalized systems  
such as the lymphatic system, blood circulation, etc.

i.e. fairly extensive systems  
and for example localization in a specific organ  
often you can't see it

from the point of view of, for example, one hundred percent functionality of this system

so from the point of view of today's lecture  
this is what we are talking about  
what when you do a self-healing procedure  
then in that layer  
where do you make the connection  
for example, a growing element of Reality  
with you  
in terms of the Norm  
i.e. this relationship leads to standardization

you just have to  
insert into the concentration point  
The norm of the hormonal system  
and consider what this means in the information

as a rule it is on information  
looks like some kind of light disks  
rising all the time upwards here

i.e. having tuned in to such a concentration  
you can restore it

Now the question is the following  
*what causes the presence  
a large number of male "hormones"  
in the human body*

so let's say I read the word  
there are hormones or I can read for example hormones

if we take we change the stress  
then the target level of word prolongation is yes  
in relation to the following  
it increases in information

if "hormones"  
then we are on the next one  
Here, for example, is the system in the female body  
less influence

if i say hormones  
and in the female body  
Just listen as I begin to explain now  
this connection

which exists, for example, in the text  
for example, the connection between male and female

the change of stress entails  
or one extension  
or another  
even in proofreading

and from the point of view of information communication  
that everything is connected, one thing is connected to another  
and often very specifically  
and very precise sometimes very voluminous

you can say  
what is the presence after all  
here is a large amount of male hormones for example  
in the female body  
here it can be connected with the same mechanism  
accentuated transmission of information  
in any of the reproducing [areas]  
and if you look at that part of the lecture that I said

building yourself  
through means the nucleus of an atom  
then you will see  
that here is the concept of the original man  
i.e. the image of a person in you as a person  
then leads to the sexual level

and here is this transition  
from human to sexual level  
this is standardization  
to regulate a specific gender there  
in terms of the manifestation of special functions there  
male for example or female

and you can see it here  
what if at this stage of this glow  
there is a slowdown somewhere  
in the transmission of light level  
then you will get  
more male hormones  
in the female body

you can adjust it here  
by entering this information  
and normalize the speed of organizing the image of a person

i.e. himself in, for example, a nuclear version  
i.e. within the nuclear level  
or inside the atomic nucleus

so here especially when you will be working  
to regulate the hormonal system  
try to work it out this way  
to find unified features at all

how  
In general, sexual differentiation occurs  
and why  
according to the world system  
why hormonal system  
for example, it highlights at the micro level  
this means that there are various signs, for example, at the level of hormones

i.e. try here in general on this issue  
Here is everyone who is in the hall  
and who will study this lecture  
to highlight special signs of development  
why and how the male body develops  
and for what and how female

generally set a goal for what  
why is this particular system of life development  
exists

and i.e. having considered the technology of answering this question  
you can find concrete consequences  
to know this

is next  
*what needs to be revised in the work on training people*  
*taking into account our preparation*  
*We have seven years of experience in lecturing*  
and that means they are used in the work  
various books, for example a psychological course  
"Inner Ages of People" Knyazeva's Method  
theory of causality  
and then lectures on the book "Resurrection" means from now on it is a living  
reality"  
I guess it means my book  
"Resurrection and Eternal Life - that's the name now  
"from now on our reality"  
there is a runic language

for example , I have cited a number of, so to speak, existing works  
and if from the point of view of this question  
what needs to be revised, let's say, in the work on training people

then if we consider  
that the basis of the course is what was just read  
then here, well, first of all, we need to highlight  
target preparation feature

i.e. if there is preparation  
Well, actually, for example, I cook  
preventing a possible global catastrophe  
then it is possible to highlight in each of the books  
or in one of the books  
highlight a special level  
precisely the solution to this problem

and it is possible to single out specifically  
depending on the audience

and maybe we are not even talking about revision as such  
and the creation of methodological bases  
aimed at solving a specific problem

I generally recommend it  
in teaching activities  
must include  
course to prevent a possible global catastrophe  
i.e. the development of the Salvation system for example

but in principle everything else is possible  
well including self-healing  
management of some nature  
do as a consequence there is the next part [of education]

in accordance with this  
except to prevent a possible global catastrophe  
where possible, very specific methods are often needed  
everything else is completely arbitrary

i.e. here it may be and even is possible  
and just teach in my opinion as before

another question  
that this is, after all, the prevention of a possible global catastrophe  
I think you always have to do this here  
quite rigid structuring

and highlight special technologies and methods  
and they can simply be explained there somehow or brought to the conclusion  
in greater quantity

often this is <sup>how</sup> it is a target education  
and very [peculiar], i.e. in terms of accuracy  
sometimes these are fundamental Laws, etc.

i.e. find ways to transmit information

I think the more methods are transferred  
on the system of preventing a possible global catastrophe  
including any author's methods  
the faster system security is achieved

so from the point of view of this question  
I think this is the answer for everyone  
what's good first of all  
conduct a lecture course  
which would include  
preventing a possible global catastrophe  
and then there is a free part of the course

next question  
*what legal and juridical training*  
*need to get it for competent work in society*

Well for example, according to the prevention system again  
from a possible global catastrophe  
from the point of view of legal norms, for example

very serious basis here  
in terms of the implementation of the right, i.e. the right of the individual  
for example, from the point of view of the tasks that the UN, for example, solves  
and, in principle, the task of protecting the rights and freedoms of the individual  
each state must decide

due to this  
any technology is precisely Salvation  
i.e. creative technology  
and if it is especially Macrosalvation  
it comes up against a fairly strict legal basis  
which is oriented in this way in everything  
that it actually helps  
i.e. it is aimed at that  
what does it <sup>mean</sup> in the legal part  
provide assistance after all

and in connection with this here  
this is the only thing that can be done , in my opinion  
this is from the point of view of legal assistance  
Well, allocate this right for example social yes  
here for work in society

and let's assume that we allocate the right  
after all, it exists initially from the Creator  
in terms of a peculiar duty  
i.e. the right and duty for universal Salvation

try now on this information  
here I am answering a question in the hall  
this is the right to allocate

i.e. for example in physical space  
in front of me  
there, a meter away from me  
highlight the difference in the forms of information

the law that the state represents there  
or for example the UN  
some international organizations

and the right that really exists from the Creator  
and the direct right of the individual to manage for the universal Salvation

and here it is right in front of me  
here in different places select these two forms  
I'll watch

we will conduct such training  
combine these two forms  
and get universal legal control  
to infinite future information

those. by combining these forms  
in front of me  
get so to speak a pillar of information  
which goes up informatively  
and let's assume that this column is there in the form of a cylinder  
it means that the infinite future  
we have legal support, that means  
in the Salvation system

having done such work here for example explanation

after you have done this work now  
it will already be the manager this is the explanation  
and in fact the spectrality of access  
she went up

i.e. it was meant  
that we have an even more stable  
legal support system for example  
Rescue work

the thing is that if you have  
from the point of view of the UN level, for example  
if for example three matching results are well recorded  
then it is already considered a fact

12 this is already considered as a legal element  
in terms of mandatory use  
so, well, there in the mailings or if you want to send somewhere  
thematic level  
and you showed 12 identical facts  
then in principle it is formally considered  
that you should always keep this in mind  
as an objective, for example, legally formed Reality

but for the task of Salvation  
three facts are enough  
or even one  
or even in general  
if a person does not have a factual level  
well, in this topic  
and for the task of Salvation  
he says that this is happening  
then it should still be considered

i.e. the principle of distribution  
Salvation tasks he is like that  
that factuality is generally good  
and there is a legislative level of its fixation  
another question is that in different countries it is different  
but in principle at the UN level  
three facts are considered sufficient  
where the fact is considered formed

as a rule, however  
more attention is paid  
personal testimony according to my data  
that's what's happening now in my practice in my work there

than for example the conclusion of the organization

and well it is considered that personality is a criterion  
means the objectivity of what is happening

organizations can change  
they can be under pressure, for example, from management, etc., etc.  
or states

in this regard, the facts are recognized first of all  
where is the personal testimony of persons  
it is not even necessary that it exist, for example this is a certificate  
somewhere there, especially for example, certified by a notary  
a signature is considered sufficient there

Well, there is another criterion, for example, a signature  
well without any other data there yes

and here are three such testimonies  
mean fact  
let's say you say  
what can you diagnose there  
well, the origin of some possible catastrophic phenomena there  
well maybe any there, in general it doesn't matter  
there's a cracked building , for example, there's a building in the equipment  
or some health related problems

three facts indicate that  
that you can already spread the information  
formally  
and the information should be considered

from the point of view of that  
who reviews the information  
there are some nuances here

that's according to my practice  
when for example I sent it there  
to prevent local such situations  
nuclear explosions from industrial plants

it was , well, for example, in one of the cases  
I just sent there "Practice of Management the Path of Salvation" volume one  
what can be diagnosed physical systems  
it worked as if that was the basis for that  
so that the information is definitely implemented

in general, that wasn't what was being discussed there  
so that they could consider  
namely, they used  
was indeed prevented there possible disaster

i.e. there is a factual level here  
which in principle papers they just help here  
but at the legal level, generally speaking, it is formally possible to refuse  
according to the Law on the consideration of information  
Well, people who hold positions, they formally can't

as far as the tasks of Macrosalvation are concerned

another question is to what extent they consider  
and how does it reach them?

and therefore here the responsibility is, well, in principle, such  
what if, say, a global catastrophe doesn't destroy them themselves  
then let's assume that if they didn't consider this information  
and for example, while in office  
it wasn't brought there to some standard level

then in fact for any criterion of this level there  
who accepts this paper  
who takes her somewhere upstairs  
so it's a problem if they get delayed somewhere

in principle, as a rule, measures are taken  
here is according to the data that I gave, for example  
that's where I would direct it  
She reached the management everywhere

in some places it's true, well, I had to there  
I was sort of pressing through the Russian Security Council, for example, there, well  
Well, basically it wasn't like that often  
mostly just to speed things up

but when it came to the direct subscriber  
there was always information there  
exactly in that aspect  
that this needs to be used in order to implement

because well I still have the specifics of transmitting information  
I still sometimes give preliminary signs, for example  
and as soon as they start to begin in principle  
then this is it  
that people start to react even faster, for example

but for the work of Salvation  
it is possible not to give preliminary signs  
and let's assume <sup>that</sup> we refer to that  
what did you listen to there, I had a lecture course there

or if <sup>for example</sup> you don't want to use papers  
or just convince yourself  
but then you have to use control  
by purpose of persuasion

but I think  
that here is the legal system of prohibition as formally  
you can't meet  
so that it <sup>doesn't mean</sup> your work wasn't considered  
on Salvation as a positive

i.e. another question  
that yes, there is lobbying for their systems, for example  
there are naturally certain legislative levels there  
which system is considered  
which one is new and which one is author's  
but <sup>for example</sup>, it needs further development <sup>there</sup>

then this already makes sense  
engage in some formalizations  
like I have a certain education system there  
Well, I'll do it through the UN system, <sup>for example</sup>, UNESCO  
some kind of <sup>system</sup> through the Ministry of Education of Russia  
and I try to formalize some information  
at the level of the existing <sup>level</sup> of Perception

i.e. this is so that these possible situations  
related issues they were overcome  
because it is background information  
i.e. at the background level of education

in this regard, at the legal level  
here it's already natural then  
there are no questions at all  
and I think that the main thing is exactly this  
in legal, so to speak, legal training  
it is to always have knowledge  
what formally prevents you  
for the dissemination of Salvation technology  
can't  
neither the state can

not some kind of international system of a creative type  
i.e. the one that is targeted  
like the UN there for harmonious development

so, well, from the point of view  
Well, let's assume from the point of view that if someone interferes  
dissemination of information  
here, naturally, they find themselves in a difficult situation  
because  
or these are those who want to specifically destroy  
either they don't know, then it needs to be explained to them

Well, and accordingly, you should be prepared here  
to explain to them, for example, that it is better not to do this  
Well, there are specific legal acts in each country.  
saying that the spread of Salvation technology  
Firstly, it is supported by the state  
because the state is called upon to protect citizens

if the state system does not do this  
it turns out that the state needs to be reformed  
and organize other

that means that what concerns, for example, private tasks there  
let's assume public organizations that help  
then you need to look at the charter  
do they even have such tasks or not?  
if they are aimed at helping  
but maybe  
or do some charity  
but it doesn't necessarily mean charity work  
is the activity of Salvation

i.e. and therefore such organizations may not go to meet  
because their charter may not include this  
it's natural

from the point of view of commercial organizations  
where the main goal is to make a profit

naturally speech is considered  
what does this situation mean in this case  
that they can help  
but they may not help  
and no one will punish them for it

as a result, the spread of Salvation technology

this is largely in legal terms  
Well, let's say the field of activity may be quite narrow  
but firstly, it is of course a government organization  
which is obliged to consider  
well then the public one which deals with  
precisely by Salvation technologies

and at the same time, for example, if we consider  
such a task  
as Salvation from a possible global catastrophe

then who is doing this now?  
for example, in Russia  
maybe this needs to be done then we need to look for it somehow  
if this is Russia, well, let's say my foundation is involved  
it is precisely this possible global catastrophe

because it is necessary to provide for it there  
after all, there are a lot of technological connections  
and try to do so  
to make a comprehensive decision  
Always  
in accordance with all possible connections  
in conditions of complex technical systems  
different social levels

this is already a task, a special management task  
and the controls are therefore not deterministic  
i.e. not interconnected systems

and then it turns out how, for example, to conduct work

as as training  
you will take it now  
and right in the space in front of me  
practice this is how you can manage systems  
for real Salvation  
in conditions when there are, for example, a lot of connections

I don't say  
that their number is infinite, for example in this case  
but a lot

satellite systems  
different political systems  
different views lobbyists  
and those who, in general, allegedly do not take part

some passive observers but interfering  
here make the control in front of me

this management  
it is a choice of a point in information  
put before me the information of this purpose  
put a period  
and you do the management

the management is such that you must take into account  
here is Salvation  
taking into account precisely legal and juridical consultation  
take into account that you need to save in any case  
and then how about this complex area  
can be linked  
at one control point

i.e. the meaning of management is to find this point  
in front of me  
in the physical space in front of me  
for example, at a distance of a meter from me

in principle, right now, for example, the collective part of Consciousness  
worked so that you did so when I said  
specific knee  
you found it right away

and in the legal version of regulation  
the task of management is  
it is precisely to find the exact control design  
including in the legal field

i.e. to be able to immediately make precise control  
it could even be a one-time impulse

Of course the current situation is changing  
but the main thing is to maintain the status of Macrosalvation  
the current situation may change around this  
there is a legal one and some formal one

but when you hold the status  
you understand what to do next time  
it's a kind of lighthouse

Generally speaking, you can do both at the same time  
several levels of management  
and find the most favorable legal field

and in legal versions  
a lot of situations  
when the issue is resolved from a completely different angle  
therefore it is necessary to take into account  
that the legal field is very diverse

is next  
*after listening to your lecture course* in brackets  
Five lessons again  
*how to further build your practice*  
*further education*  
*interaction with you*  
*center*  
*with your center*  
*and with you*

the thing is that in reality  
a five-time course is a standard course  
also related to options for digitalizing information  
Well, can someone have a different number of lectures?  
to master at will  
because more methods are better

and the construction is as follows  
for example, in the fund it means that now it is possible to carry out such work  
which means, let's assume, according to the structure of my Teaching  
to choose means to choose something desirable for you  
direction  
and practice in this direction  
for the dissemination and implementation of the implementation  
Rescue systems

i.e. this practice is targeted at the tasks of Macrosalvation  
that come from me  
and through the fund they are carried out, for example, at the level of a legal entity

as for independent practice  
This is naturally a practice in any place where you are  
through the Macrosalvation system

and for example the option of further education  
This training can be, for example, at the Academy of Civil Service  
under the President of Russia  
now in two departments  
it means the department of social policy  
and the Department of Acmeology and Psychology

professional activities

I have planned lecture courses there since October  
36 hours in advance

and you can, for example, attend classes there, but targeted ones  
this means oriented classes

then you can listen to lecture courses  
undergo specific levels of retraining  
by being able to ask questions  
and for example I  
or I give an answer in telepathy  
or I dictate onto an audio tape and send it  
or just to a special thematic lecture there  
come listen to current information  
that in the current time for example I give on management

and connect, for example, with the existing level of knowledge

Well, that's how many people learn  
and often even here I have it for many years  
there regularly  
but it's up to them  
I leave

those. the task is this  
that for example I don't forbid you to study there as much as you want

and therefore further interaction  
depends on the goal, on the desire there  
depends on how much you want to practice on your own  
or for purposes, for example, mine  
which I am implementing through the fund  
as target tasks

so here is the question  
*after the first lecture*  
*your method of salvation*  
*in my understanding it means*  
*means the practice of my work*  
*but after receiving the first diskette on the second day*  
*I was given [knowledge] about the vastness of space*  
*and at the same time with an understanding of the work at this level*

*so how to consider this element*  
*as an element of foreseeing the essence of the second lecture, for example*  
*or it means take it as a lesson*

but the thing is that I am really often in telepathy  
I give the gist of the next lecture

and in connection with this it turns out  
what can be considered here  
and at the same time as a premonition  
because it happens in the future anyway  
and therefore as an element of foresight  
and at the same time as an element of listening in telepathy  
where am i in this case  
at the level of Spiritual telepathy  
gave the gist of the next lecture

on Spiritual telepathy  
this is a state of the Spirit  
from which we still need to understand, for example  
and let's say translate there into letters into words

in this regard, I think  
what should we try to do in general in lecture material  
find those levels  
where there is an intersection, for example with the previous lecture  
or intersection  
with some level of knowledge that is already individual to you  
this is what is important

try to find it in the lecture materials  
intersection with your internal level of knowledge  
which you seemed to have always had in you

because my task  
to give such an education  
which is natural  
and it is already yours

i.e. you can fully master the controls  
pass it on already

and in such a way that you pass it on to the next person  
they would be just as effective there without losing technology  
they would pass it on even further, etc.

in connection with this you need to go out  
to the level of the essence and exactly such that the essence, well, as if yours, was  
and in general, here she is, yours

i.e. this is the level to monitor if possible  
in the lecture material

*is it necessary when working with your techniques  
[mentally address] you*

You can contact me, i.e. I don't forbid it  
any amount of time there at any time  
contact me  
but how much do you need it  
if necessary please, i.e. I do not forbid it

but the task is still education  
is also education through text  
where is my information anyway

well, that is, this is also formally a kind of address, but a peculiar one  
if you read the text  
another question is when you reach the level  
Spiritual Plane Appeals

then it can be done there  
there is any unlimited amount  
it's up to you

so, although again here is the development of our own technologies  
this is my own work, it would seem  
but here is an option for addressing  
it is not limited here after all

in any case I will help you  
and I will pass it on  
or telepathically  
or you can benefit from this mental appeal  
there go to the office to get some new literature, etc.

next question  
*can i work with your system with spheres  
for healing people and animals  
direct the energy of love to objects*  
Means *mercy, compassion and mercy*  
in brackets *reiki* question

the thing is that naturally you can use it  
but what about your own vision of this moment?  
because I give, for example, control in the optical range  
just for brevity of presentation

and for you to type  
more practical methods  
which require minimal  
in terms of logical access

at one time I gave one of the examples <sup>there</sup>  
that you can get control  
which, <sup>for example</sup>, can be obtained through nirvana

through the logical system  
but in yoga  
For yogis, <sup>for example</sup>, this can be achieved through nirvana  
but they have their own way  
and their tasks often

and therefore, although now all tasks are connected  
for the purpose of Macro Salvation  
and to nirvana  
They now have another, more logical, faster path  
technological looms in the future

therefore, the combination of some techniques like Reiki <sup>for example</sup>  
or the direction of energy, especially love  
<sup>there</sup> <sup>for example</sup> on objects  
this is if it is technologically necessary to do so  
at the moment you think  
then do it

i.e. I give control  
often and conceptually and often at such a level  
that you choose the path yourself  
at the target level of management

and therefore, since you, <sup>for example</sup>, think  
that this is how it should be done  
then do it

if there are any other techniques  
then if you think they are needed here  
then use

that's why I think  
that you can combine, generally speaking, any technologies  
just to achieve the goal of Macrosalvation

here I give the principle of Spiritual development  
where you can instantly decide

what to do  
and in any case  
save both yourself and others

i.e. in connection with this  
I have no restrictions  
on the use of any of the ones you wish  
what about systems in management

next question  
the next question is  
*methodology of regeneration of organs and tissues of nerve fibers*  
*is it the same or is there a difference in the methods of concentration*

The thing is  
that the methodology is better if it is in the subtext  
when you do it  
always unified  
and to try, well, it means it is necessary at the moment of development of the  
methodology  
always track, well, sort of a unified glow

for example, you focus on numbers  
and the concentration of regeneration, let's assume, of organs of the whole  
and at the same time the glow  
divide into levels unified  
i.e. for all body systems, for example

and at the same time the target concentration for organs  
highlight in optics

if nerve fibers  
this is already another, more extensive concentration  
but the target glow is the same for everyone  
it's like a substructure of this level

for example when you do concentration on numbers  
that's how numbers are arranged  
that the allocation of the target system  
embedded in a number standing, for example, in a given numerical series

and so even if you are there  
you don't remember some number there  
or somewhere the number is replaced there  
well, with seven, if at least five of the same numbers are preserved, yes

and for example you can either change two or they have been changed

then the target concentration is still maintained

those. management principle  
through means even the system of concentration in numbers  
it still contains this unified link  
which in any case  
acts according to the management purpose

but it's true if you have different numbers  
depending often it may even be  
you can even trace it like this  
if you are targeting management for example  
and you do it on some day  
and you write, for example, some number one after five, yes  
if seven-digit system

then the next day  
try to change  
look how the management changes

as a rule it does not change significantly  
and moreover if you write a number there more there in bold  
even this changes the control  
at concentration

i.e. if there is a seven-digit concentration there  
the next two numbers can be changed in general  
usually it's either at the beginning of the first two or at the end there

i.e. there is a certain root of, so to speak, numerical concentration

in nine-digit numbers it's the same  
you can still change two numbers  
i.e. there are already seven digits that are rigidly fixed

and here are the other two  
in principle, you can even vary it  
and still receive targeted management

but in due time  
when I started this work, for example  
means "Restoration of the body by concentrating on numbers"  
there were certain blocks of concentration  
for several diagnoses

I just did it later  
great individualization

nevertheless brought the concentration to a specific diagnosis

although there are typical concentrations

example, I immediately had blocks of five diagnoses there

due to this

Here is where the following trend emerged

that there is a certain kind of root control

which means that you are in control

that's exactly the unified level

for the whole body

but at the same time you direct

to a greater extent on the objective function

what you are identifying as the control system

then this is already one of the questions

the next question is

I'll tell you now from the questions that I had

then they came to the post office box

here I will answer two questions then

of those that I would consider

that now it would be good

so that you know the answer

so the first question he asked was about that

what *if for example a resurrection occurs*

*well, like resurrection*

*there is a restoration of a broken plant*

*at a very great distance from*

*well on a physical level*

*from you*

*and you do this restoration*

*and at the same time this resurrection must somehow*

*or restoration of the plant there*

*or the resurrection of man*

*must somehow be reflected in Reality*

*here are the signs of physical Reality*

*this can be identified*

*so let's assume the person left there*

*I thought it needed to be restored*

*somewhere in the greenhouse there is a plant yes*

*and he doesn't watch with his eyes  
here on physical Reality  
can this be observed*

indeed, this can be observed  
in the reflection of physical Reality  
for example in the evening if it is a plant  
a peculiar glow appears on the left side  
once you have made the impulse  
exactly at the moment of recovery  
the glow grows  
even if the room is darkened  
it's visible  
that is directly in the optical range projected onto you  
this is a glow

if a person  
mostly on the right side or sort of around  
background glow when resurrected

and even when recovering from a serious illness  
there is like stage 4 cancer  
a series of glow pulses accompanies this for some time  
especially if it's a well, even darkened room  
as if even in the optical range

and so on at the level of inner vision  
you can see it around you  
at the level of clairvoyance this is visible in principle immediately  
the so-called faint glow

and there was another question related to that  
what *how to design* means *numbers*  
*well inside yourself*  
*so as to build the organism like this*  
*so that it is strictly functional*  
*and infinitely*  
*so that the numbers would sit inside the body*  
*and it is enough to remember the number* there  
*to restore the intestines* there  
*or there is a stomach or liver*

in principle, such technology exists  
maybe from that part of the lecture that I gave today  
when you build your body yourself  
you can see the number right away  
which characterizes a specific organ

or even a specific state yes

are you tired  
what number  
but as if located inside  
for example leads to that  
that you don't have fatigue  
let's assume there the number 4 gives the Norm

then that's enough  
just understand inside  
this number

i.e. this technology is like this  
that you may not even draw in optics

but this number needs to be understood  
that it is inside you

then you have a truly self-regenerating system

and here is the principle of addressing the Creator, it is as follows  
that the Creator originally  
including creating numbers

you will see  
how the creation of the number took place  
how the word was created  
that's how, how, in general, besides the visible elements of Reality  
the creation of other elements took place

it is clear that the person there can speak, for example, he can write there  
but how can this information be found at all? came true  
how it was all created

why focusing on the number there  
you can get regulation

i.e. as an independent work  
already according to the answer  
try to work

This is where I end this so-called lecture  
taking into account the answers to the questions

Thanks a lot  
that you listened carefully

Goodbye