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The Teaching of Salvation and Harmonious Development
Macro Salvation and Personal Tasks
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Good evening
Today I start a seminar
by distribution technologies
his Teaching on Salvation and harmonious development

and this series of seminars is based on that
what is the first thing when I consider
namely his Teaching about Salvation and harmonious development
I put the main meaning into that
that everyone who uses these technologies
according to my Teaching
First of all, he takes responsibility for himself
for what he does to save everyone

and then through this action
carries out
already some specific private regulation

in connection with this and accordingly
on the topic of today's seminar
the spread of such technologies
which correspond
namely the Teaching of Salvation and harmonious development
implies in principle two such actions

the first is this
Macro regulation
i.e. Salvation of all
from a possible global catastrophe, for example
and ensuring harmonious development

and the second action is actually an action
related to the solution of its specific problem

and in this regard today's seminar
it will be based in fact on that
that I show these two positions
in control technology
through the structure of your Consciousness

and considering that this is a seminar
you will be involved in a specific level of management
where will the solution be first Macrotasks
and then specifically your tasks
as well as the tasks of the hall
and those who will be considering today's seminar
in the form of , for example , lectures or audio or video recordings

so I just think that it is necessary if possible
when I say for example
what should we do co-management
do this co-management
right in the hall
remember and take into account
that after all the seminar is about disseminating the Teaching
it is necessary to immediately form a transmission technology

in this regard, today's technologies
they will be based on that
what else besides what you learn and do on your own
you must also be able to transfer these technologies
to other people

and moreover, to convey in this way
so that when another person gets the technology
he could also pass it on

i.e. the principle should be like this
what you should think about right away
about Infinite Level of Transmission

because the purpose of the Teaching
is spread to all
and you have certain ones now
actually well in general, as a methodological manual, actually
where the purpose of the Teaching is described
at least in most of the room
it is now

if for example Well, information will be required
it will be available from the fund

This is how I start the seminar
after this preface
specifically about distribution technologies
Teachings on Salvation and Harmonious Development

and considering that this principle
based on the principles of the recovery complex
which are based on the principles
as self-healing
as well as on the principles of restoration of others, for example

then I'll start with that
what I give management methods
which are simple enough to understand
and I still think that they are adapted enough
to the transfer of information

due to this
the first method is as follows
what does he use
Color-Based Perception Capabilities

and at the same time
color as a fairly simple characteristic
most fully corresponds
The spiritual aspect of man
due to the fact that color is perceived
as an Infinite quantity

due to this
when you work with color
you can actually work
just look at the color
thus acting
to the Infinite System of Connections

and in this regard the method is as follows
the method is called
Three-parameter color management

i.e. three parameters are considered
and the first parameter
This is the Teaching of Salvation and Harmonious Development

in this case you are considering this parameter
as containing the Teaching
it is the goal of Salvation of all
the task of preventing possible global catastrophes

i.e., in fact, you are solving this problem
and this can be represented as a color

located on your left side
you can choose any color
silver-white is better

the second color can be seen
that it is located to your right
and this is your specific private task

and by iterating over this color
i.e. on the right i.e. solution of a particular problem
you get what is most intense when it is highlighted
there is some light part to your left
Here, for example, is a vertical light pole

then you get the top color, i.e. the one coming from above
and this color coming from above
should contain just two colors of your choice

those. the technology is simple
once you visualize on Perception
it's this color coming from above
you are actually diagnosing
that you have achieved the management goal
according to his private task
through Macrosalvation through Salvation of all

that's why i suggest
do a specific practice right now
by color control with

necessary on the left side
put
exactly information
Teachings on Salvation and Harmonious Development
for example, silvery white
let's agree now
let it be silvery white

it's on the left side
just from the physical body
Well for example the color of the column is just colors

on the right side you set the task
it can be anything
and it is desirable that the task be specific

because Macrosalvation enters into the color of the Teaching

i.e. the light of the Teaching which is to your left
there is already a task of Saving everyone
it does not need to be formulated separately

so your private task
should be on the right
it should be painted that color
which one do you want

in this case it can be either self-healing
since we are talking about the transmission of the Teaching
through the recovery complex

therefore we are talking about that now
what first of all
it is necessary to set a specific task
and still solve it

because the principle of transmission
you should definitely implement this
this technology
and then when you implemented it and got the result
then pass it on

i.e. in connection with this there should be
correctness in implementation
i.e. therefore the solution of problems

then there must be the technology of knowledge
you should be able to do it yourself
and management tool
you should have it
he should stay with you

i.e. in this regard the task is as follows
that it needs to be understood this way
so that it would actually be like a well-oiled mechanism

considering that as I said the method is very simple
I think it's quite easy to do

so put the particular problem on the right
paint it in the color you need
and just try to do this
concentrate for a while

relating as calmly as possible
with the situation in the hall

i.e. it is not a trance state
it's just logic at work
aimed at the control system

Well for example a simple example
I diagnose an airplane, for example
and the fact that on the plane it is really like that
I don't think about something happening on the plane
this is Reality

i.e. go out to that
that management is Reality
This is the information you should look for

and in connection with this
try to do management
for specific tasks in this way
what if we are talking about self-healing yes
then do it as intensively as possible
so that there are specific deadlines or specific options

i.e. you need to self-recover
Well, well, well For example there is health restoration
and this should be correct
i.e. try to diagnose yourself at the same time

Now just look at the Consciousness
just with my inner eye
look above

because the main task
this is the development of the Spirit
development of the Soul to that level
when you can handle any situation

which firstly relates to the tasks of Macrosalvation
i.e. there is definitely no global possible catastrophe happening
and the second is to ensure harmonious development
ideally Eternal

in this regard, try to look higher
when the light that comes from above
it has a kind of unified hue
i.e. it has a structure containing

as the color of the Teaching
and your own color

and try to fill it with this color
space around you

i.e. yourself
try to solve your problem
now to solve the problem of the hall here

the second level is starting now
proceed to solving the hall problem

the hall's task is also quite simple
it's just an integrated
i.e. the combined task of everyone in the room
and this is also the color on your right side again

when you
you don't have to detail the task in general
who came with what
the problem is that
because everyone works for the salvation of all
then it's still a common task
and you simply by solving problems
you can practice and develop technology

so the more you work in this technology
the more you help everyone else

hence
setting the task for the hall
simply formulating the objectives of the hall
for example she has there let's assume there is a light blue tint there yes
Well, for example, I just enter it as a sentence

and at the same time you can consider it yourself
this task with its own color
not necessarily, for example light blue

while maintaining
that the color of the Teaching is, for example, a silvery-light color

the hall's task arose
Please note that as soon as the hall task arises
the light from above comes faster, i.e. almost immediately

and now we are already leveling out
in the next position
i.e. we worked with the audience
if possible, observe yourself
because as I said, we are talking about that
that you need to be able to transfer technologies

and the transmission is a different technology

not necessarily what you can do
it's like it just gets passed on because you do it
.
that's what I'll talk about next
about the transfer of this technology

in this regard, if possible
when you get quick results
for example, the overhead light starts to go very quickly
immediately think about how to transmit
i.e., lay down target control in the transmission

and if possible
control yourself in the program
i.e. if you transmit
you must be stable and confident
what did you do right
example, to solve your problem

then you integrated
with the task of Macrosalvation, i.e. Salvation of all

put this task also to your right
and you will see that in principle as such
the space of this near you well as if it doesn't feel like it
you work more in the Thinking system

because once you integrate
with the task of Macro-salvation of all
you have
transition
physical control levels
into the system of Thinking

and it turns out that there is such a parameter in Thinking
that it is enough to think at the right point
or, for example, through the technology I have just proposed
and Thinking is control

management is i.e. self-regeneration
i.e. restoration of , for example, cellular composition
well OR health

restoration of any other person
control for example by event

and in general we are talking about the same thing
that events are equivalent

or this
restructuring a possible global catastrophe
i.e. this information is not available
or is it, for example, some very private event
for example, restore a plant flower
or any other

therefore, if possible, in management
do not differentiate events
according to a kind of structure of importance

management must be universal

because as i said
The spirit must be educated in this way
that you should be able to cope with any situation
if we are talking about that
that a global catastrophe is possible
then we should be able to cope with any macro situation

and that's why we're talking about that
what do you form first
the structure of the Spirit
already ready to implement management
even when you, for example, are sleeping
or you don't do active management there

due to this
when you just now came out on the task of all
if possible, think as if at the same time as me

and when do you start working
at the same time for the Salvation of all
get down to specific detailed elements

for example, there is a specific person

who needs to be saved ^{yes}
let's say there 's a child ^{there}
an old man or a man who is very old

they can be found
in completely different parts of the world
but you can save everyone
see them specifically

i.e. try to develop your Thinking in such a way
so that when you work in management

through the transmission of information
Push
try to make your thinking
it wasn't ^{as if} it was fixed

i.e. the point is that
that Thinking which is open ^{for example}
glow from the target
it reaches faster than everything else

hence
you get more specific control
if you don't work ^{for example} within a certain sphere
^{kind of} limits you
the color of your Thinking

and when the light of creative Thinking
applies to all
you naturally get
targeted, specific and very precise management
because there are no boundaries to the ideological task

after all, the ideological task is very simple
consists in the fact that
that everyone should unite now
so that, ^{for example}, civilization is not destroyed
from the means of intellectual reproduction of mankind

i.e. nuclear weapons are meant, ^{for example}
or other global destruction systems

hence
everyone must take a concrete part

and I just teach that there should be participation

not only in the form of even for example well direct control
and also ideological

because when it comes to ideology
which has technology
then this is quite a serious value
based on what you personally
at the expense of one's Consciousness
you can for example Well let's assume to diagnose the equipment yes
carrying nuclear weapons
and ensure the safety of transportation
or make it so that nuclear weapons do not exist, etc.

i.e., this is generally speaking
true freedom of personality
true free will

you can from anywhere
make direct control
and make a prevention for example
a possible global catastrophe
thereby incidentally ensuring
the next second development there
like yourself
and civilizations

and in connection with this
I am now moving on to the distribution technology
that this Teaching of mine is based on that
that you are doing the necessary actions
which by the way are laid down
in your Soul they are in you

you can fully implement these actions
in general well, more technologically , more quickly
if you just turn to yourself
and think about such a simple element

for example, the next second passed
The earth is not destroyed
you did something naturally
you did it and to the maximum
according to my Teaching
to avoid macro-destruction

therefore you
got the information somewhere

and somehow it was passed on

this is what i teach

I actually well for example adding technology
which also allows you to reveal your resources
which generally work
Generally speaking, I show it, among other things
and working resources
which exist objectively from the Creator

so when i talk about information transfer
then as I already said we are talking about integration
i.e. the transfer of information
as fast as possible and as endlessly as possible, yes
by speed
here I used the word "as infinitely as possible"

i.e. after all, Infinity is for everyone
it can be different
but when you bring it to
to the level of real Infinity
you get real control of Infinity

that's why you should work on your own
for example at home
or where you can work
with concepts such as, say, Infinity
or with concepts let's assume self-regeneration
concepts of restoration
in the aspect of achieving Macrosalvation

therefore it follows from here
information transmission technology
transfer of the technology of my Teaching

and this technology is based as I explained
at the highest possible speed
if in the optical range of Perception
transfer of data from you
generally speaking to everyone

because that's what we're talking about
what when we talk about glow
i.e., the glow is precisely optical
in your Perception

because you work with your Consciousness

in fact, with his Perception

then when you make the glow Infinite
then you transmit it to everyone without distortion

when you make it super fast
then the transmission speed is such
that no changes are happening

because I set a task today
that when transmitting data
for example, to the second person there or the tenth
no distortions occur

in this regard, the task is simple
if as I explained
This could be a speed characteristic
or a characteristic, for example, in the form of a special
control paths
where you can make the path most stable

therefore the method of technology transfer
consists in the fact that
what exactly is in the recovery complex system
what do you restore first
i.e. you normalize the object
where do you transfer

because the object of transfer can be
is a plant there yes
you can transmit information anywhere
for example, restore a plant

the object of transmission can naturally be a person
or it could be an airplane
where should the data be transferred
so that it doesn't fall, for example, and there isn't a catastrophe

the situation is as follows
what when we talk about an airplane
and transfer data
then we are talking about possible
about technology
where you use just transfer

for example, you wrote a diagnostic
gave away

then you must have a contract with this airline
or some formal relationship
so that they react

and at the same time these formal relations
also training
who looks at this and at your actions
they learn and see that it can be done

therefore in the transfer of technology
there is a logical aspect
i.e. I'm talking about that
what is control through the structure of one's Consciousness

but there is also a logical aspect based on that
that the idea acts in the direction
preventing a possible global catastrophe
provided of course with technology from you
has a logical status too

that at the social level yes
at the level of social relations
you can participate simply as citizens in that
so that there is no global catastrophe
because for example Well, you are against this
and act in this direction

i.e. be sure to consider
this is precisely the logical aspect in the transmission of information

because there is a level of direct information
i.e. well, it relates to the concept of direct vision , yes
Spiritual vision or clairvoyance
what is information
this is the management of the structure of Consciousness directly

and there is a transfer of logical systems
Well, there is interest in that
so that there is no global destruction

so if possible
separate these levels of information
in your Consciousness

i.e. the logical aspect is social, it is one thing

your direct control

when you don't depend on anyone
and you can make the control
this is different

i.e. when well For example there I do the management
healing occurs there if the altered tissue is so
that in general it is considered that regeneration is impossible
but nevertheless it is being restored

then it turns out that well it doesn't correspond, yes
logical phase of control and
logical phase of the social plan or something

and therefore if we talk about that
that we can disband
for example, a possible global destruction system
then it is fixed
and there is a social system that protects it, for example

and they can only be restructured, for example,
when they themselves understand this and restructure yes
for example, contracts are signed
on the reduction of nuclear weapons
because it is a learning process

here to transmit information
in the learning process
convey so that they are accepted
voluntarily agreed there about that
that nuclear weapons, for example , are being restructured
not necessarily nuclear systems of global destruction

then this is a social process

so when you look at your Thinking
and you can see
that Thinking really works
at the control point

then the control point
on the Spiritual level
this is a combination
your level of management means
which you do through direct control
example, due to Consciousness
With
level where there is a logical status

you can act
through its direct status
to the logical level

i.e. to change the Laws in such a way
so that they are directed
for the development of civilization, for creation, etc.

so if possible
when you transmit information
be more careful

information transmission spectrum
it actually should be Infinite
and can be Infinite
and its purpose is this
so that the control goes as broadly as possible

i.e. for all systems
including social
including mechanisms for implementing some public relations, etc.
interstate, etc.

that's why now
I'm already describing it with this context
method of transferring that method
's exactly the method by color
and the mechanism of transmission to another

at the same time when you pass it on to another
then you should get the effect as I explained
firstly, without distortion
and secondly, the Infinite level of transmission

then the next element
it's quite simple actually
you are just in the light coming from above
considering for example the position
Light from the Creator

you select a fragment
which contains on one side
the color of my Teaching about Salvation and harmonious development
this color is directed towards you
just like a double-sided plate

and on the other hand it's color
which is your private task

and your color may change
here you have it in control

For example Well, you perceive the external as a wave
external management
and you get that it means you need to change the color
and by the way do you think about working with reagents

it's like working with a wave
it's like you're standing under a waterfall
you can move back a little
may have a different effect on you

i.e. also changing its color
you can see
how reactive is external Reality

and therefore and how is your problem solved
within the color aspects of management

so it's like a color
which outwardly it will be static
in this color of light coming from above

and from the inside
with the return from you
the color can also change
like this right management structure

in this regard, when you do that, you mean fixate on that
what do you highlight in the flow coming from above
such a segment
two-parameter
it doesn't even have to be limited

because when I talk about color
after all, we already talked about this
what we are talking about is that
what is this infinite quantity

you just have to remember that color
for example we I say color yes For example there is blue color
Well, I perceive the Infinite magnitude
I'm not saying that the color is drawn there
in one square centimeter for example

so if i say
what is the plate that is in front of you
in the form of color
it doesn't have to be a small piece of color like this
this is an infinite quantity

and here be careful
I made the transition
from the level of the final value
which you perceive
via Infinite Color Characteristic
in the space of your Thinking
where you already manage

that's when you are here
you are actually in control
through the task
and through the implementation of the task
you are doing it now
Salvation of all
manage your private task

at the same time the spread of the spread
this is what the allocated area is
from this upper stream
you just deflect the light beam from it
and pass it on to the one next to you
to whom do you want to transfer

because the element of distribution
or teach a relative there, for example
teach a student at school yes let's assume
teach someone there who is on TV

generally speaking you can teach like this
to transmit anyone in this way

another question
that you can accompany it with words best
i.e. the technology should remain with people

i.e. you can of course teach from a distance
but if a person does not know the technology in words
if he doesn't practice it there statically
then it turns out that this will be a one-time action
it certainly has an infinite shade

but I think our task is
teach everyone
just be really free
and be able to directly control Reality
in terms of preventing the destruction of the development of the World, etc.

so it turns out that it is desirable to teach with words

therefore it means to study while working
it is still necessary, if possible, to accompany it with words
although as I explained it is possible directly without words

so now we will be
practice at level two
this is distribution i.e. transfer of method

so the practice is as follows
that when you highlight a segment
in the flow coming from above

try to work dynamically
highlight i say
highlight immediately
get on stream
Well as if you imagine, look, work on Thinking
exactly with the flow only from above
you don't really need to work with anything else anymore

in your work try to follow this often
what if I say flow from above
so this is a flow from above

how the flow was organized
sometimes it's not necessary to stoop to this
or get distracted by this

because when we were building
we have already laid the foundation

when working with a flow from above
try to work like this
so that the glow that comes from this flow
and that means the selected fragment

the glow was like this
for example, silver-white color

which is and is directed towards you
from the level of my Teaching

it can kind of twist
move to your level
Well as if through a plate yes
to the level of your color plan

and from there it will spread
at the same time as my color for example
spread again to the task

i.e. try to combine the system like this
so that it is most optimal
color system

and that's when you already passed on
if possible, transfer in the same way

i.e. the task Macrosalvation Salvation of all
a person must understand

what if he starts to deal with this task
he takes responsibility
First Save Everyone
and through this task
do your specific action

In fact
this is that Reality
which generally speaking allows us to really achieve
namely real results

i.e. I suspect real results
what is included there
The endless development of the world
and humans as well

so that means speed characteristics
there may be some here
or very fast
or the characteristics that you set
can simply implement
First the common goal
then you reach your control

it all depends on the tasks of your Soul

or there for example, from your personal tasks

so when you do this kind of management

If possible, try to show it in the transmission

focus on transmission technology

as on special technology

i.e., for example, you can say

yes you can do and show results

but to convey as I said

highlight from the selected area

beam

and pass it on to someone else first

and then tell me

i.e. the meaning is this

what can you do tell me after

or tell first and then do

but to highlight the transmission of information

as a special method

it's better to do it

at the same time, a person

there is a certain level

where can i transfer

the easiest level

where it is implied

the principle of the most harmonious plan of transfer, so to speak

need to highlight it in front of him

and if possible in this way

or what? it means to build a situation in front of yourself

that a person simply puts his hand

and for example accepts this information

if he

This is, first of all, a sign of free will

that he took the information as if by hand

he looked at her for example

and then only implements yes

i.e. a person can be

or there in a hurry

or let's assume that his tasks may be like this

understand first, for example, yes

in this regard, the task of transmission
This is a task of good will
i.e. you should ^{kind of} orient him towards that
that he too must solve this problem
It's not just you who has to save everyone there
he also walks on this planet

in this regard, if possible
let him participate in it on his own

and in connection with this ^{it means}
here is the transfer of information to the hand
exactly try if it's a person ^{yes}
this is the transmission of information
that it implies a sign of free will

you must choose in the structure ^{means a person}
if possible, exactly those data
which characterize
it is precisely a sign of free will

i.e. either put a pole next to it ^{and give} information
and he will accept and examine this pillar

or you ^{can}
well somehow
convey through written text

so here ^{it means as much as possible}
why is it necessary to specifically monitor
it is precisely a sign of free will
because when we talk about that
that a person acts on his own

Personality from the Creator
she is completely free and independent

then he must decide personally
act independently

so ^{at least} there is a common task
however [...] as a special type of technology
is precisely the type of freedom of transmission

that's why I think that when you, ^{for example,}

you will conduct such an option , for example, in the program
where the sign of complete human freedom is realized

you can do it this way
so that means the information you have already transmitted
was actually distributed
well, exactly according to the tasks, well, exactly according to the topics
where the required speed is required
required speed
and the necessary achievement
from the point of view of Infinite development

now if possible
try to do this practice
i.e., if possible, what I just told you about
try to practice

I will watch
and you work on your own

when do you work
If possible, solve specific problems
so that the correctness of the transfer can be tracked

now just when you work
I try to work with you at the same time
make process regulation

that's why you're doing what you're doing now
try to remember
when you practice on your own
to save the data
according to technology, it is precisely when in the hall

Now I offer it as a practice
just carry out a specific
collective management system
for example, I have a note with certain data
well, which also need management

and still continuing to manage
i.e. without stopping at your task
let's manage it together
just based on this note

i.e. the note contains certain data
which in principle do not necessarily have to be known yes

but they need to be standardized

let's make some kind of joint management

let's practice

because it is very important

if you do that every day, for example, from 22.25 to 22.30

to prevent a possible global catastrophe

ensure eternal harmonious development

then you can feel mutual contact

i.e. when many people work on technologies

in one aspect, i.e. with one goal

then you can see that we are talking about that

what exactly is collective management

allows you to do many things

and very effectively and quite quickly

and you will be involved in this when

you will watch see

that it is a very effective system

so when people are united together

and act for common purposes

i.e. the more people are involved

this is exactly the practice

First, Salvation of All

and then a private task

which, as I said, is the most accurate solution to a particular problem

then in principle it is actually true then

there is definitely no possible global catastrophe happening

at least

and harmonious development is achieved

and the Eternal is achieved

i.e. we are talking about that

that this is precisely a collective system

technologically designed as a collective

she solves really solves problems

Well, exactly as a methodological system

in my Teaching

so let's work it out

just this note

due to this

I work the same way myself, by the way
i.e. I put it on my left side
means the structure of the Teaching about Salvation and harmonious development
on the right I put that the issue needs to be resolved
which is set out in the note

Here I put it, for example
in the form of the same silvery-white color
Well for example, with a kind of light bluish tint
i.e. I don't even change the color

I put it and just put it
task
It is necessary that the questions that are stated here are yes
they were solved

so it turns out that I'm starting to see
how simple it is, you can even see it by the way
just practice

I just need to put it
the left side starts to glow
and it starts to kind of shine
here is the right fragment
i.e. the luminous intensity increases

there you can see it on the left side
fragment namely Salvation of all
that's exactly the task
the first task of my Teaching

so when you see this fragment
it begins to glow most actively
and as if already from it but from above
it's starting to become like this
silvery-golden stream

to transfer the technology to you
I highlight the fragment yes
in this stream from above
I'm directing you towards myself again
a fragment of my silver color according to the Teaching
to yourself

and the right part is yours
i.e. which one is for you
from that side she is yours

i.e. the transmission is embedded even in the arrangement of colors
after all, I am passing it on to you
and she's just on that side

those. even geometry should
to align as much as possible
to the task of distribution

if i want to convey
for example, an infinite number of times there
then that's enough for me
embed the Infinity function into your part
but in general I have it mortgaged
he is simply the goal of my Teaching
i.e. I don't need to do it on purpose

and therefore it turns out that we can work together
here well for example, according to this practice, yes

when I was working now
I saw that you worked practically in sync
i.e. it turns out that the speech is connected
with internal action yes with internal work

so when you practice
precisely from the point of view of speech transmission
work synchronously if possible of course

i.e. do it in such a way that it is exactly
the task is precisely synchronicity
she would be natural

i.e. management and precise control over that
that there will be no possible global catastrophe
this is a natural state

you should know for sure
that there is a global catastrophe
i.e. there will be no global destruction
It would be better if there were no private destructions
There is still time, so do this task too.

I think the more people practice
technology in exactly this way
then naturally it can be brought to that
so that no private problems occur

but for example one of the aspects
as if there is some possible prevention
or possible preparedness for the task
to an existing task

I can consider
here is my specific practice in that
what am i for the month of august
in the newspaper "Management Options - Forecast"
This is the foundation's newspaper
set the task for Moscow
work on the environmental situation

i.e. through the optics of light through light aspects
act so that the environmental situation
was standardized
and there a certain method was laid down

but when it's already September
Well, it was just like that that these situations started
then basically I just diagnosed it
that whoever practiced in August he already was
and firstly I was personally ready
secondly, he actually well as if prepared
and worked to ensure that
For example there reduce this smoke
i.e. to improve the environmental situation

i.e. it is possible to make some predictive elements
forward
and how to prepare for that
what does it mean to restructure

so if possible
Now I will talk about the following method
If possible, please consider including
and this aspect in this method

The next method is called
by the method of control through three spheres
and at the same time it means the concept of precisely the "third sphere"
it is a concept that exists as a central concept

and we proceed from that
that the third sphere already exists

and we are building, that means, just

first and second

i.e. the method in this regard is based on the fact that
that you have Thinking

i.e. you have Consciousness

therefore you don't have to talk about it

that you need to build Consciousness

i.e. there are things that just exist

and that's why it means when we say

about this management method

then we are talking about that

that first of all we proceed from the fact

that this sphere exists

this may be a sphere highlighted in the structure of Perception

i.e. working through forms is most appropriate

easy to operate system

but also very effective

simplicity doesn't mean it's not effective it can be

it's often the other way around

simple means effective

and therefore, as it were, the situation that I am now describing

That's exactly what it's based on

it's just that this sphere already exists

now we are building for example the first and second yes

in the sphere that already exists as I said

and there is , well, yes , the whole Reality

so we just sort of extract it from there

structure

what do we need to work with

and the selection is based on the transformation of the sphere

i.e. we are simply considering

that before us is a sphere in which everything is

to highlight

we need we just need

start moving it away from you

why from myself

there is already a knowledge transfer system built in here

because you need to pass on knowledge

which you will master

and when you master it you are already transmitting it

those. the method is based on
that even when you master even just starting
you are already transmitting

and that's why the main thing here is
get instant practice it turns out

i.e. it turns out that the task is private
and as if the form of the Teaching
they should be practically combined

and you take from one point of this sphere
i.e. you start to rotate
as if from any internal point
output these two combined levels

and it just branches out as if two probes come out again
best on the left side geometrically
i.e. a sphere emerges that corresponds to my Teaching
about Salvation and harmonious development

on the right is your target task
your task is like in a search engine, yes
as it happens for example there are computer games
or just some search tasks

you just need to catch your sphere with Consciousness

and that's when you kind of practice in such management
then the task is precisely to catch it in Consciousness
this means building a structure of Consciousness of Perception
Well, what do you mean, first of all, you immediately understand
that Consciousness works yes

element of simultaneous learning
and knowledge is embedded in training

i.e. if you catch it with Consciousness
this means that Consciousness is the controlling variable
Well, I'm not talking about this specifically
yes later

i.e. try to consider methods like this

so that it is multifunctional, multiparametric
or very capaciously saturate the structure of your work
i.e. to imply multiple meanings
i.e. where you achieve the management goal

so when i said "catch"
as I said, you immediately this control function
and then it's very simple
once Consciousness can catch the sphere
which you basically came up with yourself
then it turns out that you can
how to build an object yes
and implement the object
with the aim of activating Consciousness for real control

hence
everything is inside only your Consciousness

you don't need for example for this
Well let's assume to do something special
or something very long there let's assume to study
or some kind of training systems
which take a lot of time to use

because in my practice of Salvation
There is also a very simple principle
if necessary you must save immediately
and in general, practically not often used
there is some kind of thinking scheme that is too long

well for example the situation there is kind of extreme
you should be able to
first of all, make sure it doesn't happen
as in the negative aspect
and secondly, to be able to do it often, as if without thinking

and here in the work with spheres
this is where it all comes into focus
it is the Spiritual aspect of the work
that the perfect Spirit is the Spirit already directed to that
that you can work
This Spirit allows you to instantly control

and that's when you come back
there how do you manage
through the structure of your Spirit
i.e. as if through the glow of the Spirit

you should if possible
see the work of the Spirit
i.e. what color should be perceived in optics?

what is the difference in color
work through the Spiritual aspect
i.e. the work of your Spirit
and what is the difference between the logical phase of Consciousness

and that's when I said about "catching"
I meant the logical phase of Consciousness
but the Spiritual aspect is the support, the foundation
logical phase in this technology

when you go deeper
you see how the Soul works
this is for your independent work

and when you are already working with a sphere, for example
which you originally made
you just if possible
work with her more carefully
look
where is this sphere located for example near you yes
in what place

i.e. take a look if possible
what is she like anyway
how did you even do it

i.e. work with her
this is how training systems are
for example, there is an expander or some kind of system
which if you knead it for a long time, for example, yes
it becomes more understandable

i.e. precisely at the level of the tactile aspect, even sometimes
so what is the wave content
what aspect of Perception
gives this sphere which you have already done

and when you get into it
that's exactly the essence, yes, inside this sphere, as if into the essence
you will see that you have made a predictive action

here I am now showing the technology of work

when prognosis is what is found
near you

i.e. you don't need to concentrate for a long time, for example
I read somewhere that there are methods
that you need to drink a lot of sugar there yes
and then well somehow Thinking as if it seems like it should improve
or somehow concentrate on something

but then if well really
if there are such studies, it's good there
Well, God willing yes, there are some methods
Well like a more intense level or something

but for this you need to take a cup first
or at least there is sugar
and the task often requires instant action

so when you work here
precisely in the direct control system
if possible, work like this
so that the sphere is exactly from which you came
it was that essence of yours that knows everything
i.e. you are actually working with yourself

because in principle I'm talking about that
that you work independently
and work yourself

now when we talk about that
how to transfer
then knowledge of transmission
this is the sphere you see
the side that is here it is addressed specifically to you

when the sphere spins
after all, the gaze is optics, the same optics

and in the space of Thinking you can count
and is this really true
what's different from that
that photons are distributed linearly if

then if the light coming from the sphere
hits you
then you have already passed on the knowledge

because in the optics of light
that's why there is such a principle
what is the original light
This is a very strong transmitting system.

if we introduce such a concept as " photon of Thinking " ^{Yes}
then there is a principle of information transfer after all
and this principle is as follows
what if you ^{for example} have a glow on yourself
then you can actually see this glow
^{Well in general how to} convey in this way
what is in the transmission of this glow
you can pass on your knowledge
or have, ^{for example} , the technology of external knowledge
and ^{how} could this technology be transferred?

so I have now come to the point
that there is a very strong aspect
transfer of your information
the purposes of your information
through ^{a sort of} common "cauldron ", so to speak ^{yes} in quotes

i.e. you take just a little bit
on the sphere that is spinning in front of you
it was created by you
so you just take it and put it on the border
^{well,} like a kind of wheel
if you pour water
then the drops are carried to the other side

and add up your tasks
tasks of the hall ^{for example there}
tasks of saving all

but the place is the same
i.e. the sphere in front of everyone is the same

when we set the task of saving everyone
then ^{it's like} the sphere is the same
she is individual

and the task of saving everyone is one and the same
just the same for everyone

so it turns out that when we combine
common task
with an individual task

but as if having at least the same shape

we see that the control precision
she's already becoming , well, actually, like
close to absolute accuracy

for example, if we are talking about
what well let's say in aviation or space practice
when there are no other controls
except for speed
or there is a possible explosion of a nuclear reactor

then here I usually use there
precisely this kind of super- intensive control system
Well, of course, only in some extreme situations

when does the control output mean
implements
as tasks of collective Consciousness
i.e. the tasks of all for Salvation are here
i.e. this is the "cauldron" where common tasks are dumped, yes
and they are all dumped

i.e. when the pilot starts to participate there is a dispatcher
and especially in flight
then the control happens even faster
we suppose there there is one person doing it

and if the pilot is unable to participate
let's assume there were situations when they lost consciousness there
two pilots at the same time

i.e. it turns out that here then
the dispatcher activates the task
and he kind of throws it off
and the solution becomes more intense

i.e. you can even track the speed characteristics
by the level of speed of solution
only one person needs to add
how the speed increases very much

so if we do it now
for example, let's assume that this management is joint
then you will simply even see
that set the same tasks the same tasks
but working together right away yes

i.e. the same ones but working from one center
through a kind of general structure of Salvation of all
here at this level of the sphere
in front of me
in front of me but in front of each of you

so it means this way
let's set our own private tasks first

here is the sphere in front of me
she's spinning
I made it
you have your own

so it spins
while I'm looking at her
my knowledge is already being passed on
i.e. this is a forecast phase

i.e. I look at her
she brings knowledge to you
and you have them even without words
Now I'm already transmitting information
although I'm just looking at this area

I am passing on
because I just laid down such a principle
it rotates, that's what it transmits
I don't need to do anything special

then we lay out our tasks like this
so that they can decide
you know, you don't just lay it down and wait
when we set the hall's objectives
here, solve the problem

the solution aspect should be now

i.e. you should, if possible,
somehow at least get an idea or something
that you decided it

because otherwise
we can spin the sphere for a long time
if we don't specify the task
and we won't see it right away

that it is solved right now

then how can you be sure
that there is a nuclear power station there, it definitely won't explode, yes
how will you then pass by it there, let's say
at least yes, etc.

i.e. it's not even about that
what to drive near a nuclear power plant

the aspect is that this could be an explosion spread to everyone yes
i.e. if there is such a problem, then it may be systemic
and there are a lot of nuclear power plants

and therefore, if possible
try to solve the problem here immediately and systematically

second element
enter the hall
took and entered into the same
it's the same as Infinite, it's the same color
in general it's the same silver - that means it's a white color
let's assume a sphere
By the way, you can paint it in your color
in light colors if possible

and in connection with this you work with color
you don't necessarily have to know the place
it's not a "cauldron" that ends

because your color doesn't bother anyone
photons even in the usual version in a rarefied medium
as if they don't intersect, yes
even if they intersect, they don't seem to interfere with each other

so when the common goal
this is generally a single task

therefore it is possible to lay
any amount of information into this "cauldron"

and right away the third task by the way
third for the Salvation of All
this task has already been practically solved here

pay attention here
it's enough to do it right

iteration of the first second action
the third one, as it were, already exists in a resolved version

and now in the forecast phase
just what i say if possible
try it when you are already there, well after the seminar
practice

try to make sure of this if possible
with your diagnostic systems

Well, that is, in concrete practice, yes
and plus, repeating it as many times as possible
especially in the first days there that means

because I give the control system
which should always work
and it always works

i.e. you can always contact her
regardless of even the amount of time
which goes from, for example, today's seminar

so if possible
practice the technique very specifically

if for example one method
's say you've mastered it and calculated it
that the other method is more effective
then it's best to relearn the first method

because the principle of management is that
that for the transfer of knowledge
we must be effective
be able to work best
with each system, as it were, individually

any any individual system
i.e. any manifestation aimed at the Salvation of all
It would be better if it was very active , yes
very effective this manifestation there even thought

for example, here's how to save a thought
the man thought that he had to save everyone
and then he thought about how to make it universal
and how to make it effective

and for this you need to make a system, well basically like this
so that it has a form, yes, it has a characteristic
well as usual management methodology
i.e. primary data control transmission, etc.

that's why I'm actually there
I am simply giving an essentially ideological system
and her well as if I enter into the system
Well, let 's say that externally
i.e. I introduce it into a system of certain contours
which do not give its implementation

but everything is built on the ideology of simply saving everyone
where ideology is actually just a minimal task
to take the next step
at least it is necessary that the planet is not destroyed

and if you count
what well how to react somehow
that politicians will agree
or for example count
that won't happen well as if some local wars
then this can be considered for a long time in general
but in reality they start to happen

i.e. therefore the task is
do it yourself all the time

and when you get used to this level, yes
that you do this all the time for example
and you do it mostly on your own

because if one person can, for example,
Well, basically, it means doing it this way
so that there is no macro-destruction
then there will be no macrodestruction

i.e. it is enough for at least one
Well, this is essentially what to do
but in fact everyone should do it

it turns out that we can do it quite well
very effective to implement independently
not only because everyone there must be tense there
and work very effectively

Quite often alone

very much to a high degree of perfection ^{yes}
know the technology there in essence

That's why
and the essence is from the Creator
do as the Creator
who created everything

that's why I think that here
when I will now talk about the next method
where sound systems of perception are used

you have to look here
what does it ^{mean} when we talk about the essence
what is the essence aimed at that
that sound is also an aspect
where there is a highlight of the essence

Let's suggest there is a melody
but you highlight your inherent essence in the melody

and the gist is this
that you highlight what is characteristic of you
in terms of my mental experiences ^{there}
spiritual development of your experience

and everyone can highlight a different essence
in the same melody
in terms of intonation
in terms of condition, etc.

therefore the following method is based on that
that you work with sound as I said
because the idea is the salvation of all
and the external form should be the most dynamic

here's how to save everyone this thought
here comes a man, he decided to save everyone
^{For example, he was just born}
how to make a thought come true

for this you need to get in touch ^{yes}
with this thought
and try to spread it to everyone
i.e. to bring the technology to action

and here is the sound form it allows
contact make the most ^{well} mobile ^{or something}
the most flexible and the most tangible

so the following method is based on it
precisely on the flexibility of mutual Perception
mutual level of control
where are you ^{like} Well, keep me on a leash
control system
initially immediately counting
that the result has already been achieved by the way

because in the second method
via form control
and through the spheres
I gave a prognostic phase
and said to be more careful
look at it from the start

therefore ^{we are now}
We are currently working with that
what's in the control system
we are just holding the situation
which is normal in essence

for ^{example}, when a person listens to a melody
which he likes
this is a normal state
i.e. he doesn't insert additional notes there
or there is no whistling there
i.e. it's just normal

if he whistles
he's basically just trying ^{to} add his own
but in terms of Norma

and therefore it turns out that if we are talking now
about this control system
then you have to keep that in mind
what external control
i.e. there is an external desire to improve there ^{yes}
still doesn't reduce the norm

and when we reach such statics
here the light of the Creator is revealed

that the light contains the melody ^{of} the Creator

i.e. the true melody of your Soul
when you see and get distracted there internally
on some events that haven't even happened yet

for example , you feel something
somehow implement your actions
in a number of some often well as if for no conscious reason
as if not realized

i.e. here I raise that layer of Consciousness
where is the concept of "unconsciousness" as such
Well, such a concept does not exist
there is simply a principle of reactivity

and this is the principle of reactivity
since the task of Consciousness is still
absolute control

therefore we are talking about that
what you should definitely see
in fact all aspects of Reality
from the point of view of that
that even when we don't think about all the sides of Reality
we still have to control

otherwise the control will not be complete

after all, we don't do any detailing there
we don't read there, let's assume well, some computer data
unnecessary and at a distance

the point is that
that the task is simply to ensure
just normal, ordinary development
so that there would be at least no global destruction

hence
there are no access restrictions
i.e. when you work with this technology
you see that there are no access restrictions

and in connection with this, when I am here now
as if he introduced a certain preamble
by this method
I'm already saying that the situation is like this
that you are already in it

i.e. here is the management method in that
what are you actually talking about him and around him
but you are already working in this method

i.e. therefore
I am true in some words
gave some specific characteristics

so watch in real life
so you're walking through the forest or somewhere in the city, anywhere at all
watch in real life
where do you work
this is what your working state is aimed at
so that there is no global destruction

as I said you have it in you
you are able to do so
so that there would be no global destruction at least

so if possible
these states are as if you catch them

when you start to catch them
i.e. walk and observe
or sleep there, watch, it doesn't matter

so then this little man
or there's a newly born one
just any person
it doesn't matter it could be a plant
which wants civilization not to be destroyed

there is a plant
the plant's task is to grow
or there at the animal

this means and therefore it turns out that the norm for a plant
it is not if the planet is destroyed

it turns out that we have such an aspect
that support exists virtually everywhere

after all, take a silicon crystal somewhere in the mountains
is there any data that if silicon is broken
is this actually good for silicon

how to consider the position

Well , there is a certain principle
as if a thing in the structure yes i.e. reaction of the Norm

let's say there is a table if you don't scratch it
This is the norm in principle from the point of view
ideologies there what about the table structure ?

so it turns out that you find support
virtually everywhere
because of what you do

even if these are some objects
that surround you
the car shouldn't be broken, for example, etc., etc.

and in connection with this, so that it is definitely not broken
you have to kind of hold it
on a certain internal control
when you save everyone

but when you save everyone you did it
i.e. there is no global destruction in the next second
therefore you used some technology

and when you stand in this position
Try to be aware if possible
this is how you do it
this is how you convey how you
where do you get your information from
how do you take
where do you transfer

thus the method is based
on sound forms on sound
is as follows

what do you highlight first
the sound of my Teaching about Salvation and harmonious development
and it could be any sound
which one do you think
Well, maybe you like it better
and if possible, so that this was a sound
more as if extensive wide

secondly you highlight the sound form
which one do you like
it's just that you like it, you remember it or create it

you can create

i.e. it is not necessarily a known sound form
it doesn't have to be a famous melody

in fact, that's what I'm talking about
which you can also create

so when you highlight
this melody that you like
you should immediately almost instantly
as if to feel, see and know exactly, i.e. to know simply
highlight so that they know

how to convey the melody at all
for an infinite number of times
How

have you ever set yourself such a task?
take and transmit a melody an infinite number of times
so that even if you whistle it out , somehow
so that it doesn't change
here's how it can be done

the easiest element to actually do this
to do so as to convey
beginning of melody organization
i.e. compress the sound to the starting point

then you will see
it is the True Sound
i.e. the sound of actually your Soul
reflection
where in the Soul is all this including the beginning
as the Creator has

that's why you are very calm
knowing with the Soul in fact
knowing the melody
calmly her in the light of the melody
which is the melody of the Teaching of Salvation and harmonious development
my Teaching
take and pass
where management consists of
that when you did this you already did the management

i.e. here is the management of your private event

consists in the fact that
that you are already choosing a melody
which says that your part of the events
positively realized, i.e. you received control
and the task is simply to convey
technology from this management

therefore having passed on
for example, starting to transmit a melody
you convey shades that are true for others
they can hear in their own way
but in essence you don't change anything
's like they have the technology right away
because the principle is based on the instantaneous action

and if we talk about that
that the instantaneity of action must be Infinite
that's essentially it
at the Creator's
for the One Creator this is the center of instantaneous action

i.e. you are approaching work again like this
this is precision work
when you work as a Creator

why we are now practicing this method
considering that we were practicing now
We worked with this note
that's why there are, for example, some that have been written out now
there are not specific notes, specific appeals

let's work on specific tasks
we work with requests simultaneously
which are supposed to be mine
and I need to look at how I work
using technology as practice

i.e. I work, you watch and do

's assume that I have this
"Management Practice Path of Salvation"
there in the first volume there is aircraft diagnostics

diagnostic technology
I basically had a training course for pilots
but you can take the result and learn
i.e. not necessarily often

take some special training course

so if possible

just watch and work like this

so that ^{means} precisely in the technology of working with sound

and as I said, this is a form

work

while taking into account external parameters of work

start working and I'll watch

I'll explain later

pay attention

when i said "start working"

I didn't really say anything special

i.e. I'm at quite a high speed

I went through the methodology, ^{for example}

and you started working now

Well, as you remember now

but in integration

^{for example, what concerns integration}

the work still turned out to be effective by the way

First of all, the following were considered

specifically situations related to the note

i.e. you still start working

on the general task first of all

pay attention here

that's when you work with sound

after all, everyone hears the sound

and in the human consciousness there is such a thing

that sound is immediately ^{something} that unites collectively

that's why your start of work was like that

that you started working first

^{with a more general aspect, as it were}

and many didn't even raise their own

so we are starting with that now

i.e. we are considering ^{as if}

legislative level of sound forms

and start working with yours, i.e. bring yours

bring yours

i.e. the technology as I described is simple

the sound form is there

with my own head, for example , I took there and gave
The teaching about Salvation and harmonious development of oneself
took gave some sound ^{yes}
let's assume some melody

so I took it and gave it
and this melody exists ^{for example}
By the way, it can change by the way

i.e. here is the difference in sound form
it doesn't have to be held fixed

then I set my own task
because in the Teaching of Salvation and Harmonious Development
where there is a common goal and technology
and ^{in general} here we have different technologies
there are numbers there
by sounds
i.e. when we enter the structure of the Teaching
We have a whole management apparatus opening up
which you can use at any time

that's why, basically
we ^{kind of} fix one of the sides, ^{yes}
one side of this device

and then I set the task
^{Well for example,} my personal task now
opening as efficiently as possible
teach those present in the hall now
right now
master the technology of restoration

by means of precisely restorative functions
^{for example} self-healing
restoration of others
restoration of any information object in principle
it is not necessarily a person, a plant, an animal
^{there is} an event there so that it would be normal

I set my task
this is exactly the case with me
I want to receive this event
directly in front of you
those. in the form of a melody

I'm in the moment of organizing the melody

I can extend this to everyone
i.e. I can play the melody itself
maybe it is not necessary to hear yes right away

and first I saw that it had spread
then i start to see the melody
but in principle it is like a created melody in general
i.e. for example I have not met such

and when you think about it, for example,
how to write music that saves
if internally it even yes well there is something to hum or perceive
you can make this music here
and she will save everyone

so try to create a new system
the best thing is that this system
it was still functionally oriented
for the salvation of all

i.e. for example a good interesting melody
you could just listen
but she has to save
you are back to the starting point again
and you start working again

i.e. such a work practice
Please note that working with sound
it integrates all systems

Well, if you take a lot of sound sources and place them
then in principle they intersect
you hear at the same time
so we can't differentiate
The tasks here are very tough

so I said "let's go back to the specific problem"
you are again working in the general spectrum

so work flexibly and dynamically
i.e. try to work like this
so that the sound which is the control sound
he was very integrated with that
what is external internal

i.e. the state of the Soul and external systems

because when a person perceives a melody
he is at the same time as if
and interacts with the external environment

and at the same time gets himself

i.e. you know this technology
and just try to use it well as if
Is it more effective to use?
implement more effectively

so it turns out that you know
just add some sense Save everyone
and then it will turn out that you will implement it
on all at once

Of course, you take it upon yourself
in general, such a colossal load on the one hand, yes
responsibility goes without saying

but you do it anyway
as if a necessary and minimal action

i.e. it is clear that yes, it can be done now
so that there in the future
Let's do it now
for example there was no major nuclear power plant that exploded

we just do it
there is an aspect of information
we have everything, it doesn't explode anymore
normal station quiet
as if nothing could ever happen there

but in principle if there
satellites reacted to the explosion
there could have been a global war

i.e. here is one of the principles
that one of the options for a global war
there it was disbanded after a few years

i.e. it turns out that the work, for example, is through sound
via instant access forms
it's often work
well, including instant work

so when you work for example on your own
or work collectively
as I said, preferably at a certain time
work together in general
for the meaning of Salvation of all

try to do it this way if possible
so that it would still be internally harmonious and calm

because if it's a melody or a song
but you still enjoy it
do you hear her

i.e. when you know for sure that everyone will be saved
and is it really so

i.e. when you know by principle
that the melody reaches this area
in your Consciousness
and you achieve this because the melody is near you
and the area of Salvation is also near you
i.e. you have already saved

you achieve calmness
which generally allows you to work
and exactly and most importantly, work harmoniously

because it works harmoniously
i.e. harmony of knowledge transfer
this is also precision

Well , you can talk about that
what needs to be prevented
here is what I brought there for example position
with a possible nuclear situation
when did the station appear

it's like an extreme system but it's a one-off
and what is the next task ?
It's better that it wasn't there, it's an extreme task
and now she can be completely different

so here is the stability of the system
it is harmonious first of all
calm transfer of knowledge
based on the structure of inner peace
on the development structure of such a plan

when you can ^{actually} develop infinitely
where there is also the principle of self-reproduction

because logically
so how can you restore fabric ^{for example}
then if you do it there ^{for example} regularly there is correct
to do self-healing ^{there, for example}
or somehow react to events ^{there} in advance

then in fact there are no logical limitations
i.e. it is possible to develop very systematically
harmoniously endless time
i.e. there are no logical levels of obstacles
this is exactly the task

of course it shouldn't be there
possible global macro-catastrophe

accordingly you do it so that it doesn't happen
this didn't happen
and that's all

i.e. try to move towards harmony
for stability in harmony
according to the harmony of the external worldview
by harmony of interaction

you see I said that exactly
there must be a reagent system for sound
but I didn't give any specific technologies here

how is that why the sound is more dynamically reactive
because you've already done it, ^{generally speaking}
i.e. that's why I didn't say anything

i.e. when you work with sound
try to see that the transmission is very fast
and not only with sound
you can also work with the form

if you take ^{well for example} some form in the hand
it can have different
as if in terms of self-perception

so try as much as possible
of course it's more harmonious to work
i.e. there is an opportunity to work more harmoniously

and when, for example, you build management
It is better to build so that the management is based
still at harmonious work

i.e. at the moment of control
maintain a calm work status
if possible

of course, if it is in the capacity of professional activity
this is a reaction to some emergency situations

that's what you often have to do there
instant control

but it's better to balance it later
after you have normalized the situation
It's better to balance it later
to the level of harmonious aspect

using for example the second one
Today I showed the method
where is the bet of the prognostic phase
so that as if extreme systems
if possible, it would be less
or better yet, exclude it altogether
and also use all the methods there in combination

besides, I naturally have
there is a certain methodological base
which is now on video cassettes
Well, for example, it is in the fund

so I think we can do it quite well
Well, consider this position
what if we take the methodological basis
and let's assume to implement it
Well there are an infinite number of times

you can choose from a large number of methods
what you like the most
Well, what could be most effective?
for you

and try to spread it
First of all, what exactly can you do?
Here you have done it with the help of these methods

achieved the result
This is exactly what you spread

Think about it if possible
what does it ^{mean} if in this method
I gave the technology of distribution
in these technologies today ^{for example} Yes

and in some I just give the method

then think about how to distribute it
still think it over specially

there is a method that combines
i.e. you make the method and immediately distribute it

but there are methods that, ^{as it were,} do not
they don't contain it in any direct form ^{or something}
so you try to do it like this
to pose and resolve this question
exactly in the production that I staged now

because as soon as we spread
well let's say at least if there are even fifty or more ^{there}
fifty five percent of people, ^{let's say}
will start practicing
then in fact the issue is being resolved
because there is a collective Consciousness
shaping the next Reality
where there is definitely no global destruction
and gradually others learn there

i.e. there are certain threshold levels
it doesn't have to be fifty five
maybe it's like ten people who have mastered it
there's even one
very knowledgeable about technology
already implements ^{yes} what is not
at least a global catastrophe

but the problem is
so that there would not be even signs of a global catastrophe
this stability is that there is not even
^{as if} minimal logical factors

then we can say for sure
which ^{is} a fairly balanced and normal situation

there in the development of the World

This concludes today's seminar.

the thing is that all the notes that are here now
and in principle they will be collected even more
here are the Foundation's employees volunteers
to spread my Teachings

please just pass them on
I will definitely look through everything carefully
and I will definitely do the work

I have different types of work
I often just look at information while working
Sometimes I proofread carefully

so well , if possible, take a look
First I read the note
then I worked
You worked with it without reading it, right?
there are different types of work

so there will just be employees now
I guess I should take it from you
or somehow you put it on the table

Thank you very much for your attention

and I just want to say
what does try mean well how can I practice more?

Thanks a lot
all the best to you

Goodbye